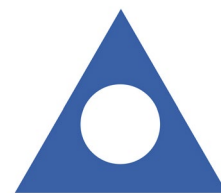


AL-ANON-CER



Quarterly Newsletter of Al-Anon Family Groups of Maryland and District of Columbia (AFG of MD and DC, Inc.)

www.marylanddc-alanon.org • email: area24@marylanddc-alanon.org

www.alateenmdc.com

AREA 24 CALENDAR OF EVENTS - 2026

Be sure to mark your calendars with these important dates!

September 8 th	Tuesday	Baltimore AIS Election meeting. 7pm at Hiss United Methodist Church in Parkville. See the flyer at the end of the newsletter for more details
October 3 rd	Saturday	District 8 Fall Workshop at Towson United Methodist Church. 8:30-11:45am. See the flyer at the end of the newsletter for more details
October 24 th	Saturday	Fall Election Assembly meeting (hybrid) – All members are welcome. Only Group Reps get a vote. This is an Area 24 meeting. See our Delegate's report and the flyer at the end of the newsletter for more details
October 24 th	Saturday	District 15 Potluck Dinner at Woods Memorial Presbyterian Church in Severna Park, 4-7pm. See the flyer at the end of the newsletter for more details
Nov 6 th – 8 th	Fri – Sun	Fall Convention (in-person event in Towson) – with Alateen and Spanish speaking meetings as well as AA participation. The theme is "Our Shared Journey of Hope" . For more details, see page 7. The registration flyer is at the end of the newsletter



See page 8
for more
details about
the new
Al-Anon
Faces
Alcoholism!

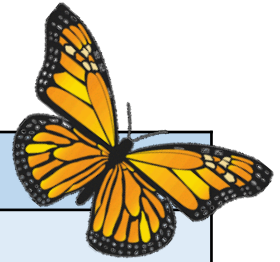


Al-Anon-Cer

Published by Al-Anon Family Groups of MD & DC

www.marylanddc-alanon.org

Editor: Joe D Newsletter4Area24@gmail.com



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*For an up-to-date calendar of events,
please visit the Area 24 website: [click here](#)*

or

aim your smartphone camera at the QR code on top of page 1

Area 24 Delegate Report



Dear Al-Anon Members:

Welcome to our new Group Reps and District Reps! GRs- you get to elect the new set of Area Officers and Committee Chairs that you will work with during the next 3 years. Plus, you will approve the budget for 2027. DRs – you start the process by recommending the calendar and the budget and preparing for the Assembly.

Our area just had its first Meet-and-Greet at our current Alternate Delegate, Paul C.'s house in Buckeystown, MD. Approximately 35- 40 people involved in service, throughout Maryland and Washington, DC socialized and talked about what they currently do and would like to do in Al-Anon service. While we've been having business meetings on Zoom, this was an opportunity to meet each other in person. It was a success! We left with another member volunteering to host a similar event in the future.

The idea of service is woven into our entire program. This is a program by families of alcoholics, for families of alcoholics. It is not a medical, counseling or religious organization, brought to us by professionals. We are fully self-supporting. We are “self-service”, so to speak. And being that, we must keep it going for ourselves. No one else is going to do this for us.

Service should be fun and rewarding. From speaker-seeking to becoming an area officer, service benefits us and Al-Anon as a whole. It doesn't have to be overwhelming, though at times, it may be challenging. Sometimes, we just have to do one thing and let God do the rest.

We want our meetings, Alateen groups, workshops and conventions, don't we? Without a strong Area we can't have even the basics. Twenty years ago, we incorporated, in order to have insurance, do background checks on AMIAS's, protect volunteers doing service, be able to make contracts with convention facilities and other legal requirements.

It has helped us to carry the message to others and enhanced our own recovery. Rotation of service is vital to the health of Al-Anon. Pray about what you can do to continue this life-giving program. Follow your Higher Power's guidance and ask HP for the power to carry it out.

Dolores M.
Area 24 Delegate and Acting Chairperson

*See the fall election
assembly flyer at the end
of this newsletter for
meeting details*



Overview of Area Positions available:

All of the following positions are recommended to be a 3-year period. Why 3 years? The Delegate serves a 3-year term, called a Panel, in the World Service Conference. The other positions in the Area are the same 3-year period. The entire group serves alongside each other and the Delegate. There is unity and cooperation. All positions are up for election every three years for rotation of service.

The Area officers make up the Steering Committee. The Steering Committee reviews convention contracts and the Alateen Safety and Behavioral Requirements. It oversees the business of Area 24- Maryland and Washington DC.

It is important to fill these positions. The duties are all described in the 2026-2029 Al-Anon/Alateen Service Manual on pages 146-149.

On our website, www.marylanddc-alanon.org, it currently says that the candidate should have served a full term as a District Rep. While that gives the candidate a good view of the service role and the expectations, we may want to change the wording to “suggested” or “recommended”. There are other Al-Anon members doing service who could step into these roles with no problem. Each candidate can be considered individually.

Here are some of the basics of these jobs:

Area Chairperson

- Chairs the AWSC meetings, the Assemblies and any Steering Committee meetings.
- May host these meetings on zoom or arrange with someone else to do so.
- Prepares the agenda for the meeting.
- Gives a report during these meetings.
- Suggests the calendar for the next year’s meetings.

Area Secretary

- Takes notes during Area meetings and prepares them for the Al-anon-cer. (This is not a word-for-word description of what happens at the meeting, but it is important to document decisions that were made and motions that were passed.)
- Asks for approval of the minutes at these meetings.
- Serves as part of the Steering Committee as corporate secretary.
- May be asked to send out meeting announcements.

Area Treasurer

- Prepares a yearly budget and modifies it as needed.
- Keeps records of contributions and disbursements.
- Manage the bank accounts.
- Reports to the AWSC meeting and Assemblies.
- Prepares written reports for the AI-Anon-Cer.
- Files federal tax forms.
- Knowledge of QuickBooks® or other accounting software recommended.
- Ability to use Microsoft® Excel recommended. (or willingness to learn)
- Works with the insurance coordinator or any other committee to cover expenses.
- Review contracts, along with other steering committee members, for things like convention facilities and Alateen Safety and Behavioral Requirements.



Area Delegate

- This is the person who is the service link with the WSO.
- Attend the World Service Conference for one week once a year.
- If able, attends NERD once a year.
- Attends online meetings with WSO.
- Reads regular emails from WSO and stays current with WSO business.
- Reports to the AWSC and Assembly.
- Attend Steering Committee meetings if they are necessary.

Area Alternate Delegate

- Stays current with the Delegate, in order to stand in for him or her, if needed.
- Prays for the Delegate!
- Attends AWSC, Assemblies and Steering Committee meetings.
- informs membership about the Forum magazine
- May stand in for another person who is unable to attend an Area meeting.
- Part of the Steering Committee

Area Group Records Coordinator – completely revised by the current AGCR, Gina K.

(on following page)

Maryland & District of Columbia Area

Guidelines for Area Group Records Coordinator

February 2026

The **Area Group Records Coordinator (AGCRC)** maintains group information for all Al-Anon meetings in Area 24 (Maryland & DC). This information includes meeting day, time and location/login information, as well as contacts for the group including Group Rep (GR) and Current Mailing Address (CMA). The AGRC also maintains the current roster of the Area's steering committee, coordinators and District Representatives (DR). WSO's publication G-36 provides more detailed information on the role of the AGRC.

Eligibility and Qualifications:

- Any Al-Anon member who is not also a member of Alcoholics Anonymous is eligible to serve.
- Be familiar with the *Al-Anon Alateen Service Manual* and have a good understanding of the Steps, Traditions and Concepts of Service.
- Be willing to have name, address, phone number, and Email address made available to Al-Anon/Alateen members.
- Be available to serve for a 3-year term.
- Be able to check email frequently and process group record updates promptly.
- Be willing to learn how to use WSO's Group Records Database to maintain the records.
- Attention to details and good organizational skills are helpful.

Responsibilities and Duties:

- Update and maintain group records for Area 24 in the WSO Group Records Database, as needed.
- Attend Area Assemblies and Area World Service Committee (AWSC) meetings.
- Conduct the roll call at AWSC meetings and Area Assemblies.
- Prepare a short, written report on activities and send it to Area Chairman and Secretary prior to each Assembly and AWSC meeting. This report will become part of the meeting minutes and be published in the Area newsletter.
- Be prepared to give a brief oral report at each Area Assembly and AWSC meeting.
- Follow guidance in Al-Anon Guideline: Group Records Coordinator (G-36).
- Research and respond to WSO, Group questions, issues, concerns in a timely matter. Contact the Group Rep, District Rep, and Al-Anon Information Service to resolve questions of whether meetings have disbanded.
- Check Groups in "No Mail Status" and "Reported Not Meeting" status often, verify, and resolve issues if possible. Research and respond to any requests (usually comes from DRs or WSO).
- Maintain communication with DRs as needed, such as New Group Registrations in their district.
- Monitor the Group Records email account frequently for group changes and process them via the WSO online database.
- Maintain records of all correspondence.
- Notify the Area Web Coordinator, Area Newsletter Editor, DRs and AISs when there are relevant changes.
- Maintain the list of Area positions and DRs. Send the roster to the WSO, the Area Newsletter Editor, and the Area Secretary when there are changes.

Area 24 Conventions

Upcoming Fall Convention

Fall
Convention

We are excited about the upcoming AFG Fall Convention, Nov. 6-8, once again at the Sheraton Baltimore North in Towson.

This year's theme is ***"Our Shared Journey of Hope"***

We have Al-Anon and AA speakers, a new writing workshop, breakout sessions and lots of fun stuff to share. Once again, we have a great overnight room rate from the Sheraton with free parking. Registration is now open and we sincerely hope you will make plans to attend.

For more info and to register online, go to www.tinyurl.com/AFG24FC

Early Bird registration ends October 11 – save \$20 off the Standard rate of \$178.00 **\$158.00**

Spread the word and see you there!

Paul C, 2026 Fall Convention Chair – Our Shared Journey of Hope

AFG24FallConv@gmail.com

Spring Convention Moved West!

Spring
Convention

Thanks to all who attended "A Little Time for Myself" -- the 48th Spring Convention at Frostburg State University June 12-14, 2026. Participants enjoyed speakers, workshops, entertainment, and fellowship in the mountains. Moving the Spring Convention to a different part of the state was a momentous effort—the Committee wants to thank everyone who helped make it happen.

Now the 2027 Area 24 Spring Convention Committee is excited to begin planning the 49th convention, "Stepping Stones to Serenity." We have a Secretary, Treasurer, Registration Chair, Program Chair, AA Participation Chair, Speaker Chair, and Printing/Publicity Chair. In addition, last year's Chair is still on the committee in a smaller role and is happy to provide assistance/background info when needed. Yet we're an orchestra without a conductor!

All we need to proceed is the overall Chairperson so we can move forward. Please consider stepping in to give a long-beloved convention the chance to thrive again!

mddcspringcon@gmail.com

(According to the [Spring Convention Guidelines](#), the Chair and Co-chair should have at least three (3) years prior convention experience, including two (2) years as a Committee Chair or Officer. They may not be members of Alcoholics Anonymous).



LOOK WHATS NEW!

We are excited to share that a new edition of ***Al-Anon Faces Alcoholism*** (AFA) will be available this fall! While we look forward to the new edition, the current ©2020 edition remains a valuable and timeless public outreach tool. So, get those distributed if you have any on hand.

The new edition will be available for just **\$12.00 per bundle of 25 copies**, plus shipping-less than 50 cents per copy! Purchasing AFA also supports Al-Anon's Seventh Tradition.

The 25-page magazine will feature:

1. basic information about Al-Anon Family Groups-who we are, what we are, and where to find us
2. 10 members sharings from our worldwide fellowship, reflecting diverse experiences and perspectives
3. 3 articles from professionals who recommend Al-Anon in their work with alcoholics and their families
4. testimonials from Alateens and a variety of professionals who come into contact with families suffering from the effects of someone else's drinking

In addition to print copies, the new edition will be available on the Al-Anon website as a **flipbook** and a **shareable PDF**. Watch for more details in the September *Forum*, including information on how to order through the WSO. Be sure to keep checking the Online Store in September for updates and availability.

WSO is in need of Member sharings:

Finances in Recovery: <https://al-anon.org/pdf/Finances-in-Recovery.pdf>

Forum Submissions: <https://al-anon.org/pdf/writing-guide-for-the-forum-F1.pdfh>

REMINDER: Does your meeting have a copy of The New Al-Anon/Alateen Service Manual 2026-2029? Be sure to order yours now.

Yours in Service, Karen N.

Be sure to check out the many CAL choices available as eBooks!

THE FORUM MAGAZINE NEEDS YOUR SHARINGS ABOUT OUR THREE LEGACIES!

Submit your sharing today:

al-anon.org/share-your-recovery



Baltimore AIS Literature Update:

We are pleased that there will be a new Literature Depot volunteer. The new volunteer will be announced soon, along with contact information. Please continue to use alanonliteraturedepot@gmail.com to place your orders or ask questions. Please be patient as the transition will take place around early October, and there may be a time when orders could be delayed.

Treasurer's Corner



Contributions

Next year there will be a new treasurer, so the mailing address for contributions will change. Please let the treasurers of your meetings know that the new information for contributions will be on the "Donate to Area 24" page on the area 24 web site <https://www.marylanddc-alanon.org/>. Making contributions using Zelle and PayPal will not change.

The group, district and individual contributions for the second quarter of 2026 were \$4,350. The Area thanks you for all these generous contributions. See the Contributions and Expenses page for details of the contributions.

Expenses

The total expenses for the second quarter of 2026 were \$1,000. Payments were \$400 for Public Outreach to help pay for ads on Ocean City buses, \$45 for an AMIAS background check, \$400 for room rentals for the fall AWSC and assembly, \$97 for literature for the Women of Hope institution meeting, and \$59 to mail copies of the AI-Anon-Cer.

Directions for Contributions

If you are in a position to do so, you can contribute directly via credit card to the World Service Office at Al-Anon.org.

You can also contribute to Area 24 via **Zelle** (to 'AFGofMDandDC') or **PayPal** (using a credit or debit card) from the area web site, <https://www.marylanddc-alanon.org/>. If you choose to contribute this way and want the contribution to be recorded as coming from a meeting be sure to indicate the meeting's WSO number. You can find the WSO number for meetings on the Al-Anon.org "find a meeting" section, at the bottom of the listing for the meeting.

Please include your WSO group number and meeting name on contributions by mail. If you don't know your WSO group number, then include meeting location and meeting day and time. It would also be appreciated if you could include an email address or phone number in case there is a question.

Mail contributions to: AFG of MD & DC, 3116 Parkway, Cheverly, MD 20785-1255
Make checks payable to AFG of MD & DC.

Yours in Service,

Charles L, Treasurer

AFG of MD and DC Inc
Contributions April through June
2026

AFG or District	Amount
0000 Individuals	\$50.00
000000 Unknown Group	\$50.00
'2417 Chevy Chase	\$92.82
'2424 Friendly Hybrid	\$46.00
'30507202 Beltway Beginners	\$200.00
'30519063 Paths To Recovery	\$45.00
'30524803 Saturday Morning Adult Child	\$69.80
'30550843 New Beginnings	\$48.02
'30563855 Severna Park Saturday Morning	\$16.90
'30566950 Mid Week Recovery	\$20.00
'30576594 New Beginnings	\$198.47
'30586318 Keep it Simple	\$15.00
'30606314 Every Sunday Takoma Park Parents	\$83.50
'30625374 Participation Is The Key To Harmony	\$48.51
'30652866 Solo Por Hoy GFA	\$34.00
'30654267 Tuesday Steppin Step Meeting	\$17.18
'30664356 Monday At A Time	\$22.00
'30683130 Wednesday Colora Group	\$40.00
'30685957 Women's Renewal Beginners	\$123.00
'30729533 We Belong Women's Literature	\$126.92
'30793689 Fallston Parents Meeting	\$13.00
'30795 Towson Tuesday Night	\$57.00
'30825259 Greater Baltimore Literature Study	\$90.00
'30831349 Let It Begin With Me	\$148.99
'30846999 Hope for Today Saturday AM	\$50.00
'30866908 The Original Govans	\$35.00
'37918 Pathfinders	\$38.62
'43421 Courage to Change	\$28.91
'44667 The Weekenders	\$51.00
'46170 Friday Morning Gratitude	\$15.00

AFG or District	Amount
'48369 Monday Night Parents Meeting	\$210.00
'502454 Middletown	\$98.00
'502641 Gracefield Road	\$100.00
'503618 Hope and Serenity	\$38.71
'503754 How AFG Works	\$40.00
'52341 Steps to Serenity	\$96.00
'52791 Bolton Hill Family	\$38.25
'53483 Sunday Mont. Village	\$71.00
'5774 Annapolis Tuesday Afternoon	\$45.00
'5777 Thursday Morning	\$111.24
'5824 Parkville Wednesday Night	\$100.00
'5891 Crofton	\$50.00
'5903 Tuesday Night Topic	\$100.00
'5916 Beginners Group	\$57.65
'5924 Tuesday Night	\$167.28
'5965 Liberty	\$61.00
'5976 Friday Nite Group	\$1.00
'6025 AA County Thursday Night	\$20.00
'6035 Silver Spring Thursday Afternoon	\$30.00
'6051 College Park	\$5.00
'6060 Monday Night	\$25.00
'6062 Wednesday Noon	\$35.00
'61600 How AFG Works Study	\$20.00
'63891 Let It Begin With Me	\$32.50
'64486 Courage to Change	\$21.60
'66938 West Side	\$214.30
'67141 Hunt Valley	\$364.63
'67295 Service For Fun	\$234.24
D03 District 3	\$50.00
D23 District 23	\$40.00
Total Contributions	\$4,352.04

EXPENSES

Public outreach	\$400
AWSC and Assembly	\$400
Literature for Women of Hope	\$97
Mail Al-Anon-Cer	\$59
Alateen AMIAS background check	\$45
Total Expenses	\$1,001

CONTRIBUTIONS

Online at MarylandDC-Alanon.org with Zelle or Paypal, Credit or Debit card.

Zelle contributions to tag "AFGofMDandDC", WSO number and your email in the comment.

By mail make the check payable to AFG of MD & DC

Send check to: AFG of MD & DC, 3116 Parkway, Cheverly, MD 20785-1255

Please note "individual", group number or district number on check.

Contributions above the level required to pay expenses and maintain the prudent reserve are normally contributed to the WSO each year after approval by the assembly.

The WSO number for a group can be found on the Al-Anon.org web site at the bottom of the listing for the group.

Contributions to Area 24 can be done online

▪ **Zelle**

- Tag **AFGofMDandDC**
- Include WSO group # or district #, your email and your name

▪ **PayPal**

- Use the “Donate to Area 24” page at <https://www.marylanddc-alanon.org/>
- Simply enter the requested information

▪ **Or you can Mail checks or money orders to:**

AFG of MD and DC, Inc, 3116 Parkway, Cheverly, MD 20785-1255

- Make donations payable to “AFG of MD and DC, Inc”
- Please note your group number or district number on checks or indicate “individual”

Contributions to the World Service Office

Mail to: Al-Anon Family Groups Headquarters, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

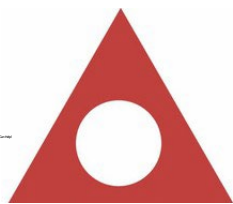
- *Please make donation checks payable to “AFG, Inc”*
- *Please include your group number on your check*

Meeting Information: 888-425-2666

All other business: 757-563-1600

Website: <http://www.al-anon.org/members>

All members are encouraged to visit and browse the WSO website!



Do you know a teen affected
by someone else's drinking?

Alateen Can Help!

Try Alateen Chat!

For age 13-18

For more info on meeting times and the mobile app visit:

<https://al-anon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>



TUESDAY

7:30-8:30 pm

Grace Episcopal Church
5740 Green Valley Rd

New Market, MD

- AA & Al-Anon co-located

WEDNESDAY

7:15-8:15 pm

St. James Episcopal Church
11815 Seven Locks Rd

Potomac, MD

- Al-Anon co-located

SATURDAY

12:00-1:00 pm

Saturday Serenity Step

Christ the King Presbyterian Church
(aka Northwood Presbyterian Church)
1200 University Blvd, West

Silver Spring, MD

- Al-Anon co-located

7:00 - 8:00 pm

Sereniteen

Crossroads Community Church
895 Leidy Rd

Westminster, MD

- AA & Al-Anon co-located

SUNDAY

11:00 - 12:00 pm

Evergreen Alateen

Loyola University ~ Knott Hall Room
G009

4501 North Charles St

Baltimore, MD

- AA & Al-Anon co-located

ALATEEN is

- a supportive program for teenagers aged 9-19 who are affected by the drinking and related problems of a parent, family member or friend.
- a safe place for teens to gather & share their experiences, strength and hope.



www.alateenmddc.com

Al-Anon-Cer /September 2026

Area 24 Group Records



PLEASE help us to keep WSO Group Records Up-To-Date



Whenever there are updates for your group, **including a new Group Rep or CMA**, please submit an **online change request form**.

Updates can include meeting time, location, instructions, contacts, zoom login, etc.

To access the AFG Records web page:

- From Al-Anon's homepage (<https://al-anon.org>), go to "Members" then "Group Resources"; then click on "Group Records".

OR

- Cut and paste: <https://al-anon.org/for-members/group-resources/group-records/> directly into your browser.

To update an existing in-person or hybrid meeting, from the AFG Records web page:

- Click on the "[Al-Anon Group Change](#)" link inside of the "Al-Anon Groups US, Canada, and Bermuda" box
- Then click on the "Update Online" button and follow the instructions to input the updated information for your group and submit the request

To update an existing electronic only meeting (i.e., Zoom, from the AFG Records webpage:

- Click on the "[Electronic Group Change](#)" link inside the "Electronic Groups, World-wide" box
- Then click on the "Change Online" button and follow the instructions to input the updated information for your group and submit the request

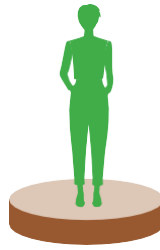
If you have any questions or issues submitting an online change request form, you can email the updated information directly to the Area 24 Group Records Coordinator Gina K. at area24grouprecords@gmail.com and she can make the updates to the group record.

Check WSO's "Find a Meeting" feature to see how your meeting is listed for the newcomer and visiting member: <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

World Service Conference Structure Graphic



Members in a group elect a **Group Representative (GR)**.



The **GR** is the liaison between the group and the District and the group and the Area Assembly.



The **GRs** in a District elect a **District Representative (DR)**.



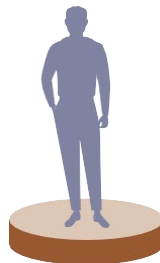
The **DR** represents the District's groups at Area World Service Committee (AWSC) meetings.



The AWSC consists of Assembly Officers, which includes the Chairperson, Delegate, Alternate Delegate, Treasurer, and Secretary; **DRs**; Coordinators (such as Alateen Coordinator and Literature Coordinator); and liaison members (such as Al-Anon Information Service Liaison).



The **GR** attends the Area Assembly to elect the **Area Delegate**, hear reports, and participate in Area service projects.



The **Area Delegate** attends the annual World Service Conference (WSC) and is the link between the groups and the WSC and the groups and the World Service Office (WSO).

World Service Conference

The composition of the WSC includes the **Area Delegates**, Volunteer members of the Board of Trustees and the Executive Committee and voting members of the WSO administrative Staff.

Ultimate Authority

Delegated Responsibility

SPANISH SPEAKING MEETINGS IN AREA 24

Martes (Tuesday) 7:00-8:30 PM	Miércoles (Wednesday) 7:00-8:30 PM	Jueves (Thursday) 7:00-8:30 PM
Despertar Espiritual GFA in-person meeting Northwood Presbyterian Church 1200 University Blvd, Silver Spring, MD, 20902	Solo Por Hoy GFA In-person meeting St. Jude's Regional School, Family Room 4820 Walbridge St., Rockville, MD, 20853	Camino a la Serenidad GFA in-person meeting Church of the Ascension 205 S Summit Ave, Gaithersburg, MD, 20877

SPANISH SPEAKING MEETINGS IN VIRGINIA

Leesburg (Presencial)	<u>Nueva Vida – Hijos adultos</u>	St. James Episcopal Church	14 Cornwall St. NW, Leesburg, VA, 20176. (Entrada por la espalda de la Iglesia)	Monday Lunes	7-8:30p
Alexandria (Presencial)	<u>Serenidad</u>	Good Shepherd Church	8710 Mount Vernon Hwy, Alexandria, VA 2309.	Tuesday Martes	7-9:00p
Bull Run (Presencial)	<u>Nuevo Despertar – Hijos Adultos</u>	Holy Family Catholic Church	14160 Ferndale Rd, Woodbridge, VA 22193.	Sunday Domingo	2:30-4:00p
Arlington (Telefono)	<u>Fe y Paciencia</u>	Reunion Telefonica	(267) 807-9605 Codigo 513468*	Thursday Jueves	5-6:00p
Sterling (Presencial)	<u>Renacer en la Esperanza</u>	Christ the Redeemer Catholic Church	46833 Harry Byrd Hwy, Sterling, VA, 20164.	Thursday Jueves	8-9:30p
Falls Church Presencial y Zoom	<u>Valor para Cambiar Hijos adultos</u>	St. Anthony of Padua Church	3305 Glen Carlyn Rd. Falls Church, VA 22041.	Friday Viernes	7-8:30p
Annandale (Presencial)	<u>Alegría de Vivir – Hijos adultos</u>	Annandale Plaza	4201 John Marr Dr. Ste 208, Annandale, VA 22003	Saturday Sabados	5-6:30p

Area Information Services

ALS of the Mid- Chesapeake Region

Anne Arundel Co and Northern Eastern Shore

PO Box 763, Severna Park, MD 21146

(410)766-1984

Website: www.md-al-anon.org

Meets quarterly in January, April, July, and October, on the third Wednesday of the month, at 7:00pm via Zoom. For more information, call (410) 766-1984 or email alanon@md-al-anon.org.

Baltimore Al-Anon Information Service

PO Box 185, Kingsville, MD 21087

(443) 243-8389

www.alanon-maryland.org

Baltimore AIS business meetings are the second Tuesday of the month (no mtgs in June or Dec) at 7:00pm. For more information call (410) 832-7094 or go to www.alanon-maryland.org

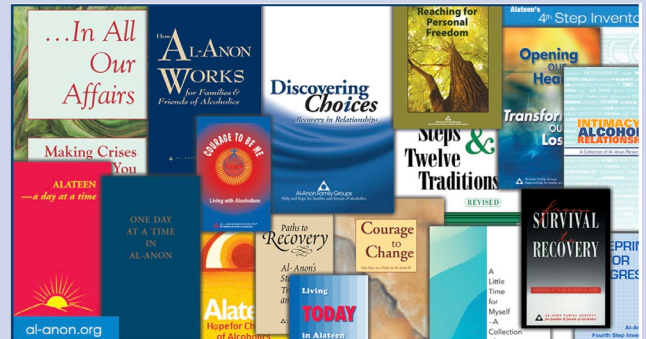
Literature Depots

Baltimore, Baltimore Co, Harford Co,
& surrounding areas:

Kim D.: (443) 243-8390

Please email orders and include the group and your name, address, and phone #.

alanonliteraturedepot@gmail.com



Answering Services



Cumberland Answering Service

(301) 722-6110

(through AA answering service)

Easton Answering Service

(410) 822-4226

(through AA answering service)

Al-Anon-Cer

New DRs -
get me your contact
information.
See pages 20-22.
Joe

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Editor: Joe D Email: Newsletter4Area24@gmail.com

SUBMISSIONS

Send calendar events and reports for the Al-Anon-Cer to the editor by the deadlines below. Please include contact information with your submission to enable the editor to verify/clarify information.

SUBMISSION DEADLINES				
Issue	Deadline		Issue	Deadline
March	February 15		September	August 15
June	May 15		December	November 15
Early submissions are greatly appreciated!				

SUBSCRIPTIONS

Group Reps, District Reps, Area Officers & Coordinators, Past Delegates, Regional Trustee and Area Information Services may request a paper copy. Additionally, all other members may request a paper copy; a \$15 annual donation to Area 24 is suggested but not required.

The Al-Anon-Cer may also be emailed to any member who requests a subscription.

Email your subscription request to: Newsletter4Area24@gmail.com

Or subscribe at the Area 24 website: <https://www.marylanddc-alanon.org>

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Take your recovery to a higher level

with service in the Baltimore AIS*

*Area Information Service

Elections will be held Tuesday, September 8, 2026

AIS meetings are the second Tuesday of each month, 7-8 PM except June & December

Hiss United Methodist Church

8700 Harford Rd, Parkville, MD OR Zoom ID 899 6113 5947 code 585546

Opportunities described: <https://www.alanon-maryland.org/service>

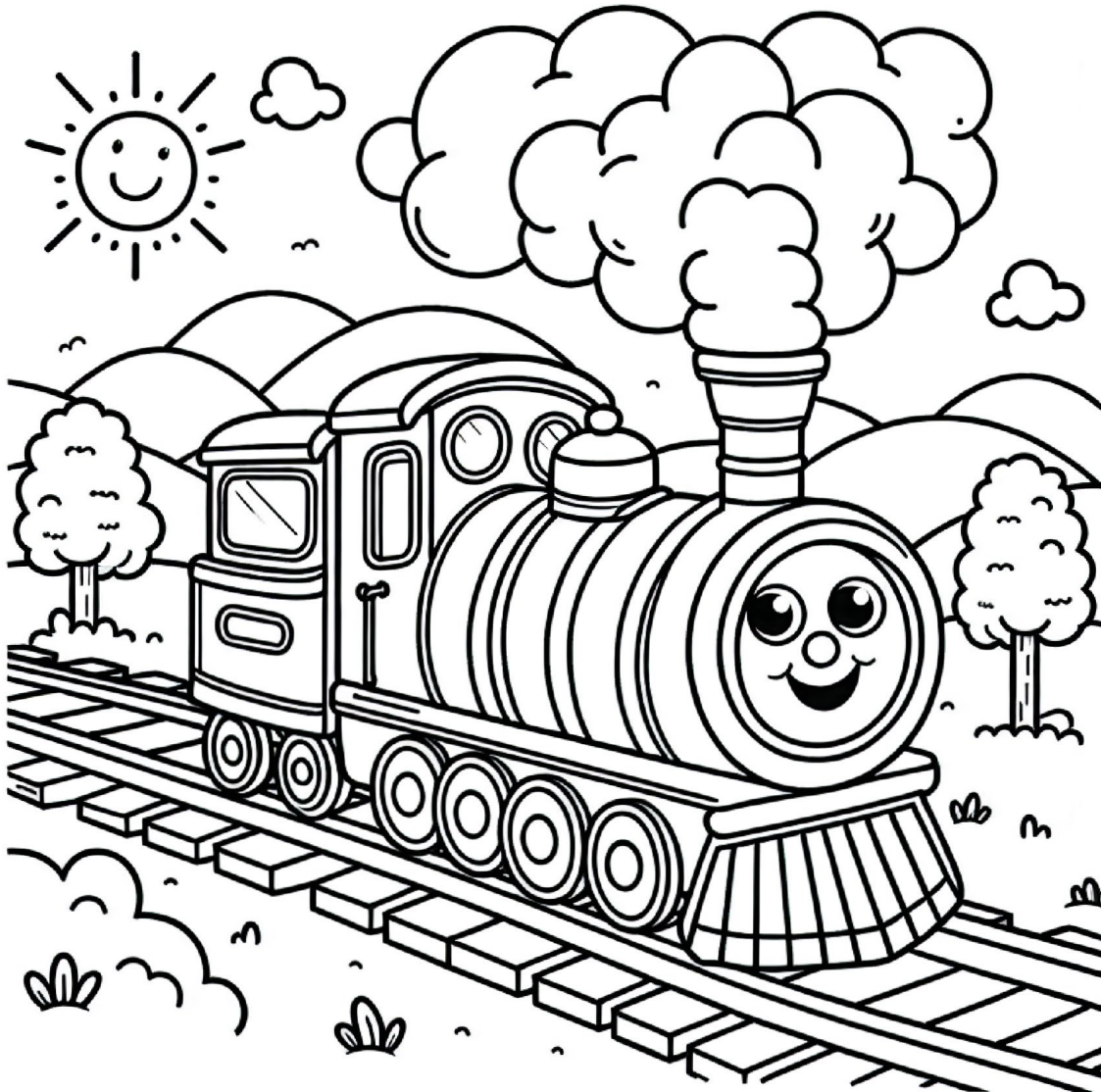
Volunteer to be your group's AGR's and ISR's (those also in AA)



All Aboard! The joy is in the journey!

District 8 Fall Workshop

Saturday October 3, 2026: it's free!



Departing from Towson United Methodist Church

501 Hampton Ln Towson, MD 21286

Breakfast items will be served;
delectable donations welcome.

Questions?

JessiKnowsGrace@gmail.com

Itinerary:

8:30 Fellowship & Registration

9:00 Welcome

Sessions at 9:15 & 10:30

Closing at 11:45



Area 24 Al-Anon Family Groups of Maryland and the District of Columbia, Inc.

Fall Area Assembly with Elections

This meeting is for Group Representatives, Area Officers, AIS Chairs, Convention Chairs and any other Area Coordinators

Saturday, October 24, 2026

10 am to 3 pm

Registration begins at 9:30 am

Meeting begins at 10 am; ends no later than 3 pm

Meeting ID: 801 105 6340

Passcode: Area24

By telephone (not Smart phone): passcode- 865949

Or Join Zoom Meeting by clicking on this link:

<https://us02web.zoom.us/j/8011056340?pwd=MrkwuaNsGklzQUI5eh9VC7t9pz0tfa.1&omn=88244530514>

To join by telephone, call your nearest zoom phone number, (301) 715-8592, and enter the **meeting ID 801 105 6340 and passcode 865949.**

We will electing NEW officers and committee chairs, setting the calendar of meetings for 2027, establishing a budget for 2027, and hearing reports from many committees. **ONLY GRs VOTE AT THE ASSEMBLY- make sure your group is represented!**

Join us in-person for the fellowship of the service!

The Chairperson will be hosting the zoom meeting from
The Smith Building of St. John's Lutheran Church in Parkville
8808 Harford Rd, Baltimore, MD 21234, (just inside the 695 beltway)

It will still be a zoom meeting on a large screen TV. We have bathrooms and a small kitchen. We have a chance to share and hug and eat together. Please join us!

OCTOBER
24

**AL-ANON DISTRICT 15
POTLUCK DINNER
AND PROGRAM
4:00 PM - 7:00 PM**

LOCATION:

**WOODS MEMORIAL
PRESBYTERIAN CHURCH
611 BALTIMORE
ANNAPOLIS BLVD.
SEVERNA PARK, MD.**

TICKETS: \$5.00



CELEBRATING AL-ANON 75TH ANNIVERSARY

“THE CHILD WITHIN”

**Woods Memorial Presbyterian Church
(Event held in Fellowship Hall)
October 24, 2026: 4pm - 7pm**

EVENING FEATURES: Potluck Dinner, Al-Anon and AA Speakers, Al-Anon Literature, Fellowship and Raffle with ticket

TICKETS (\$5.00): Tickets are available from District 15 Groups from 9/10 - 10/17. If not sold out, remaining tickets will be available at the door.



AFG Fall Convention

Friday, November 6 through
Sunday, November 8, 2026

Sheraton Baltimore North Hotel
903 Dulaney Valley Road
Towson, MD 21204

- **AA and Alateen Participation**
- **Spanish language meetings**
- **Main sessions-Spanish translation**

Registration includes parking, 3 buffet meals with vegetarian options (Friday dinner, Saturday lunch & dinner), topic meetings, speakers, panels, hospitality suite, evening activities and lots of fellowship.

Registration Fee: \$158 by Oct 11 /\$178 through Nov 4 /\$198 at the door

*(Registration Assistance: Limited 50% discounts are available based on application order and donation levels. **Alateens attend free.** Application and donation details are located on page 2 and the registration website.*

**For more info and to register on-line use QR code or
go to <https://tinyurl.com/AFG24-FC>**



To book a hotel room at the AFG Convention \$126 nightly rate go to <https://tinyurl.com/2026FChotel> or call 888-236-2427 Tell the Sheraton you are with AFG to get our rate. All rooms have two beds.

¡Al-Anon para todos! Intérpretes de español en vivo para las reuniones de los oradores, y algunos
reuniones serán interpretadas por cualquier voluntario bilingüe disponible presente en esas reuniones.

Once registered, you will be prompted to Confirm your Account, adding a password.

This allows you to:

- Modify your choices
- Click to apply for Registration Assistance
- Click to donate to the Registration Assistance Fund
- Click to sign up to be available to co-lead a workshop, and designate topic choices.
- **Designate if you are looking for Spanish-speaking meetings or can help with informal translation**
- Sign up for service tasks at the convention (booth coverage, help with set-up or clean-up, interpretation, etc.)

If you cannot register on-line, please use the form on the other side of this flyer.

(over)



To register by mail, make checks payable to "AFG Fall Convention"
Mail this form along with a check to: **AFG Fall Convention, 3116 Parkway, Cheverly, MD 20785**

Name _____ Email _____

Address _____ Phone _____

City _____ State _____ Zip _____ AI-Anon _____ AA _____ Alateen*
_____ 18 years old or older? Yes _____ If not, please provide age _____

*Alateen Registration fee is \$0 for the first 10 to register, thanks to a donation from the Baltimore AIS. Alateens must register with an attending parent or guardian. Have questions? AFG24FallConv@gmail.com or 443-574-7668.

_____ I am willing to co-lead a meeting. ANY TOPIC _____ or My topic choices: a) _____ b) _____ c) _____

_____ I would like to request Registration Assistance. (Please register online or call 443-574-7668)

_____ I would like to donate \$ _____ to the Registration Assistance fund.

_____ I am available to help for one hour at the convention. Anytime _____ or only during this time _____.

_____ Me beneficiaré de la interpretación en español de las reuniones de oradores.

_____ I am available to help with informal Spanish interpretation of a topic meeting.

Registration(s) \$ _____ OPTIONAL Registration Assistance Donations \$ _____ Total Amount Enclosed \$ _____

AI-Anon Meeting Topics:

- | | |
|---|--|
| 1. Detachment-Baggage We No Longer Carry | 17. Adult Children of Alcoholics-Making Sense of Chaos |
| 2. Meditation-A Spiritual Journey | 18. Resentments-Roadblocks to Serenity |
| 3. Legacies- Spiritual Principles in Everyday Life | 19. Self-Care Without Guilt |
| 4. Spirituality-Trusting Our HP Along the Journey | 20. Steps 1, 2, 3-Our Journey Begins |
| 5. HOW-The Power of Willingness | 21. Steps 4, 5-Holding Up the Mirror |
| 6. Strength / Vulnerability-Letting Others See Us | 22. Steps 6, 7, 8, 9-Change through Humility |
| 7. Anger to Serenity-Letting Go of Anger-Passport to Serenity | 23. Steps 10, 11, 12-A Daily Awareness |
| 8. Attitudes-Questioning our Perceptions | 24. Traditions-Using AI-Anon's Wisdom in Relationships |
| 9. Keep Coming Back-Traveling the Road Together | 25. Workshop-Writing and Submitting for CAL |
| 10. Sponsorship-A Win-Win Adventure | 26. Desprender con amor |
| 11. Gratitude-Changing Our Perspective | 27. Crises, como superarlo |
| 12. Slogans-Why Are They So True? | 28. Principios no personajes |
| 13. Emotional Intimacy-Courage to Connect | |
| 14. Listening-I Thought I Had the Answer | <u>AA Meeting Topics:</u> |
| 15. Boundaries-Shared Roads-Healthy Boundaries | 29. Amends |
| 16. Attraction-Finding Connection for Everyone | 30. Service |
| | 31. TBD |

REGISTRATION ASSISTANCE DETAILS: All Registration Assistance is Early Bird. Registration Assistance closes October 11. Registration Assistance is for \$79 which is 50% of the early-bird cost. If you feel you need help to be able to attend, you can apply for confidential registration assistance provided by the generosity of our fellow members through the Registration Assistance Program (RegAsst). All RegAsst is granted on a first-come, first-granted basis through on-line application at <https://www.tinyurl.com/AFG24-FC>. As donations come in from our donating members, we will contact the next person on the list and subtract \$79 from their total. We will disburse assistance as donations arrive, in the order of RegAsst registrations received, so register as soon as possible. If you have applied for Registration Assistance, we will contact you as soon as we can, and no later than October 14.

