

AL-ANON DISTRICT 13

## SPIRITUALITY DAY

### IN THE PARK

Looking through a New Lens

**Saturday, August 6, 2022**

10:15am-3:30pm

Wheaton Regional Park

2002 Shorefield Road

Silver Spring, MD 20902

Picnic Pavilion B limited space in pavilion

Pack a picnic lunch including a beverage  
& maybe a chair

Water will be available

Speakers and Programs focusing on Spirituality

Make a Journal or take a Short Hike

## FUN AND FELLOWSHIP