



Al-Anon Area 24 (DC & State of Maryland) & WSO Information



This is a list of resources for Al-Anon Groups to use due to the closing of the AIS-DCSMD Service Center

1. **Al-Anon/Alateen Service Manual:** Each meeting needs a copy of the Manual to answer group questions. The Group Representative (GR) needs a copy for use at District and Area Assemblies. The Group's Treasury may purchase a copy for the GR's use. A Free Download copy is available on the Al-Anon website under the Members – Members Resources Tab <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/>. Copies are available from WSO, \$11.00 (P-24/27)
2. **Area 24 information: Subscribe to the Al-Anon-Cer,** Area 24's Quarterly newsletter. **Free Electronic copies, Paper copies are \$20 for 4 issues. Contact editor to subscribe: newsletter4area24@gmail.com.**
 - a. **Contains Area 24 meeting calendar for Area Assemblies for GRs to attend (Spring and Fall) Delegate's Report on WSO and Area activities projects, activities-Spring and Fall Conventions, District and meeting sponsored events, Contact information for Area 24 officers and coordinators and district representatives in Area 24.**
 - b. **Recommended that group subscribe, i.e. Current Mailing Address (CMA) or GR to share with their Group. Any member can subscribe.**
3. **Information for Newcomers:** Go to www.al-anon.org, Newcomer Tab has a menu for types of Newcomers, i.e. parent, spouse, etc. as well as Teen Corner, Frequently Asked Questions, etc.
4. **Al-Anon Meetings:** Go to Find an Al-Anon/Alateen Meeting: <https://al-anon.org/al-anon-meetings/> Input address and/or zip code, specifics such as day, type etc. to locate a meeting within a certain range of miles
5. **Area 24 Website:** www.marylanddc-alanon.org Bookmark to locate Area 24 event information such as Spring and Fall Convention Registration forms, online donations to WSO and Area 24, etc.
6. **In the Loop- WSO Monthly e-Newsletter,** the CMA of each group is automatically subscribed, but any member can subscribe to learn about what is happening at WSO regarding the Program such as special initiatives, changes in policies, literature, the Fellowship, etc. Any MEMBER can subscribe.
7. **Al-Anon Guidelines,** also available to download on the Members Resources Tab: <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/> listed provide information to members on many topics such as:
 - a. How to start a Group (G-12) (Also in the Al-Anon Service Manual)
 - b. For Treasury questions: See Reserve Fund G-41 especially pages 3-4
 - c. Ordering Literature (G-31)
 - d. Group Representatives (G-11), District Representatives (G-37), District Meetings (D-15)
 - e. Suggested formats for meeting programs (G-13)
 - f. How to start an Alateen Meeting (G-19) (General information and then contact Area 24 Alateen Coordinator – see Al-Anon-Cer for current contact information)
 - g. Public Outreach Service, (G-22)
 - i. Meeting on Wheels (G-29)
 - ii. Outreach to Professionals (G-29) also see WSO webpage **For Professionals Tab:** <https://al-anon.org/resources-for-professionals/>, contains information and downloadable for items for them use with clients.



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- iii. Note: April 2024 Forum states that 40% of members recently surveyed stated they were referred by a professional to Al-Anon.

8. Outreach Information Tips:

a. Resources:

i. Public Outreach Toolkit

(<https://al-anon.org/for-members/public-outreach/public-outreach-toolkit/>) Available for download on the WSO website under Members Tab under Public Outreach (formerly published as “The Best of Public Outreach”).

ii. Area 24 Public Outreach Coordinator – See Al-Anon-Cer for current Area 24 POC (attached)

iii. Forum – monthly Al-Anon magazine has suggestions for public outreach activities

b. District and Group meetings to discuss for ideas

c. Groups often perform outreach in a variety of ways such as providing information to the facility where they hold their meetings. Often meeting locations such as churches, community centers, etc. have staff that offer counseling. Groups may regularly provide them with Al-Anon Outreach information such as the copies of Al-Anon Faces Alcoholism and Al-Anon Outreach Book Marks. These are inexpensive.

i. Special Tip: Al-Anon Faces Alcoholism (AFAM) is \$8.00 for 25 copies, Al-Anon’s Outreach Bookmark (M-76) is Free when ordered with any literature order. Also available in Spanish and French! Groups can consider ordering them every time they order literature from WSO

ii. Some larger groups may decide to have an “Outreach person” as well as a “Literature Person” and can coordinate more extensive activities.

d. District Representatives are in contact with the efforts of the Area 24 Public Outreach Coordinators activities and can encourage the meetings in their District to support a District wide Outreach Program.

i. Some Districts have a member voted in as Outreach Coordinator. They or the DR seek and respond to Outreach opportunities in the District by providing District Funds for Outreach materials to locations such as National Night Out, Libraries, Health Fairs, etc. located in the District AND encouraging members to staff the information tables.

ii. Districts are encouraged to coordinate their Outreach activities with the Area 24 Outreach Coordinator (see Al-Anon-Cer for current Area 24 Outreach Coordinator Contact information and check out Guideline G-38, Area Public Outreach Coordinator).