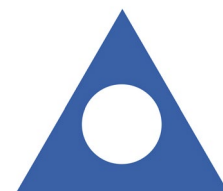


# AL-ANON-CER



Quarterly Newsletter of Al-Anon Family Groups of Maryland and District of Columbia (AFG of MD and DC, Inc.)

[www.marylanddc-alanon.org](http://www.marylanddc-alanon.org) • email: [area24@marylanddc-alanon.org](mailto:area24@marylanddc-alanon.org)

[www.alateenmdc.com](http://www.alateenmdc.com)

## AREA 24 CALENDAR OF EVENTS - 2026

*Be sure to mark your calendars with these important dates!*

June 12 <sup>th</sup> – 14 <sup>th</sup>	Fri – Sun	Spring Convention (in-person event in Frostburg) – New Locale! The theme is <b>“A Little Time for Myself”</b> . You can register onsite! See the article on page 5 to learn what you need to do
June 19 <sup>th</sup> – 21 <sup>st</sup>	Fri – Sun	AA Maryland State Convention (in-person event in Towson). With Al-Anon and Alateen participation! See the article on page 5 and the flyers, including in Spanish, at the end of the newsletter to learn more and to register
June 27 <sup>th</sup>	Saturday	District 13 Fifth Annual <b>Spirituality Day in the Park</b> 9:30am to 4pm Wheaton Regional Park, Wheaton, MD. See the flyer at the end of the newsletter for more details
June 27 <sup>th</sup>	Saturday	District 9 <b>Picnic in the Park</b> . 12noon to 6pm. Food, Fellowship & Fun! Merrit Point Park, 7800 Dunmanway, Dundalk, MD. Hotdogs & drinks provided, please bring a dish to share
July 9 <sup>th</sup>	Thursday	Spring Convention Wrap-Up/Kick-Off meeting 6:45 to 8:45pm See the flyer at the end of the newsletter for more details.
August 29 <sup>th</sup>	Saturday	Fall AWSC meeting (hybrid) – All members are welcome. District Reps & Area Committee Chairs get a vote. This is an Area 24 meeting
October 24 <sup>th</sup>	Saturday	Fall Election Assembly meeting (hybrid) – All members are welcome. Only Group Reps get a vote. This is an Area 24 meeting
Nov 6 <sup>th</sup> – 8 <sup>th</sup>	Fri – Sun	Fall Convention (in-person event in Towson) – with Alateen and Spanish speaking meetings. The theme is “Our Shared Journey of Hope” See page 6 for more details – Save the Date flyer at the end of the newsletter

In everything I do, I will try to reflect the light and the wisdom  
that will come to me through my surrender to my Higher Power.

*The Dilemma of the Alcoholic Marriage (B-4), page 81*

# *Al-Anon-Cer*

Published by Al-Anon Family Groups of MD & DC

[www.marylanddc-alanon.org](http://www.marylanddc-alanon.org)

Editor: Joe D [Newsletter4Area24@gmail.com](mailto:Newsletter4Area24@gmail.com)

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*For an up-to-date calendar of events,  
please visit the Area 24 website: [click here](#)*

*or*

*aim your smartphone camera at the QR code on top of page 1*

# Area 24 Delegate Report

Dear Al-Anon Members:

This year I had the honor of representing you at the World Service Conference in Newport News, VA., as we celebrated 75 years of Al-Anon!

I saw the program in action as we resolved difficult issues that we had been discussing for years. First, the Single Trustee Process was voted into place. Now, on a 3-year trial basis, all the trustees will be Trustees-at-Large, with no Regional Trustees. However, region will be one criterion in selecting trustees, so that we will not have inadvertent regional bias. This helps us to fill the Board of Trustees more quickly, so that trustees are not doing double-workloads.

Secondly, we resolved the Group Naming Policy. As you may recall, in 2024 we voted on a policy to only allow general group names for new groups, and no longer allow group names with identifiers like adult children, grandparents, or siblings, etc. **Afterall, the only requirement for membership is that there be a problem of alcoholism in a relative or friend.** After Delegates went home and reported to their Assemblies, there were numerous appeals. This year, the Policy Committee realized how contentious this issue is, and that we would never reach a consensus. So, they put forth a motion that essentially suspended the policy voted on in 2024 and allows new groups to continue to use identifiers in their names, in accordance with the Service Manual, page 28.

Thirdly, we talked about Electronic Alateen on the Al-Anon app and approved three motions to allow WSO to proceed with the project. More training and education will be happening this summer, so we can tell you more at the fall assembly.

What has kept Al-Anon growing for 75 years-- the courage to face real life, the spiritual principles? There are so many reasons. Someone said, in one of my meetings recently, "I find the honesty refreshing. It's like a splash of cold water." The fellowship is a very real part of Al-Anon, too. That's why so many of us look forward to the conventions and in-person events. We want to share in the camaraderie.

I hope to see you soon at a meeting, a convention, or a picnic!

Dolores M.  
Area 24 Delegate and Acting Chairperson

## ***ELECTION OF NEW REPRESENTATIVES***

Depending on your group, this year you will be electing  
new **GRs** (Group Representatives)  
and new **DRs** (District Representatives)

- The usual schedule is to elect new GRs during the summer
- The GRs come together at their District Meeting and elect a new DR by August
- **The DRs (old or new or both) will meet on August 29 for the AWSC meeting.** We wanted to try a new date, since people get so busy with school and other events in September.
- **New GRs (or Alternate GRs) will attend the Area 24 Fall Assembly on October 24**
- One order of business at the Fall Election Assembly is to elect a new board of Officers, Committee Chairs and Coordinators who will begin their jobs in January 2027. Everyone is on 3-year terms so that the entire group of people work together.

*See the Al-Anon Area 24 Maryland and DC website for job descriptions*  
<https://www.marylanddc-alanon.org/area-jobs-service>

Keep it Simple. This is not a program of perfection. You don't have to do your service position perfectly. Do it to the best of your ability. You can do the minimum requirements, or you can bring more to the job as your time and creativity allow.

**GRs** attend their District meetings and attend two Area Assemblies per year. They bring information from their groups to the meetings and take back information to their groups. They vote as a representative of their group.

**DRs** organize regular District meetings and attend two AWSC meetings per year. They bring information from their districts to the AWSC meetings and take information back to the groups at the District meetings. They may help organize District events if their groups want to have workshops, picnics, or other activities.

Download a 2026-2029 Service Manual at <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>

As a GR or DR, your group may reimburse you if you purchase a hard copy

*Love in Service, Dolores M*

***2026 is an election year throughout Area 24***

# 2026 Conventions

**Do you wish you had signed up for the 2026 Spring Convention at Frostburg State University, June 12-14? It's still possible!** You can still register onsite (bring cash or check):

1. Full weekend (Single AC dorm) - \$315
2. Full weekend (find your own lodging) - \$245
3. Saturday Only - \$175

Excited for next year's spring convention?

If so, please join us for the Wrap-Up/Kick-Off meeting on July 9th at 6:45pm on Zoom to join the 2027 Spring Convention Committee! (see attached flyer).

*Kelly N, 2026 Spring Convention Chairperson – A Little Time for Myself*

[mddcspringcon@gmail.com](mailto:mddcspringcon@gmail.com)

[www.tinyurl.com/afg24sc](http://www.tinyurl.com/afg24sc)

Spring  
Convention

The 52<sup>nd</sup> AA Maryland State Convention with Alanon and Alateen participation will be held **June 19 – 21** at the Sheraton Baltimore North in Towson, hosted by the Maryland General Service. The agenda starts early on Friday and runs through midday on Sunday. Registration is \$45 (\$47 online). Meals, ice cream, and beverage service can be purchased in addition to the registration. Discounted hotel rooms at the Sheraton are most likely sold out, but there may be rooms available.

The theme is *The Arch to Freedom*. Michele G from Charleston, WV is our Al-Anon speaker. Al-Anon workshops include an *Ask Us Anything* panel and *A New Look at Traditions* with our double winners. If you plan to attend the convention and would like to join our little Al-Anon workshop committee, you are welcome.

Please see the flyer at the end of this newsletter for details.

*Joanie N, 2026 Al-Anon Liaison – The Arch to Freedom (AA)*

443-845-1115

AA Maryland  
State Convention

We are very excited about the 2026 Fall Convention! We have a great group of Committee Chairs and members planning for what we hope will be the best one yet.

We are glad to have our traditional first full weekend in November, which will be Nov. 6-8., again at the Sheraton Baltimore North (Towson)

Come join other Al-Anon members for a celebration of recovery, with music, great food, Al-Anon and AA speakers, breakout sessions and more. The most important highlight will be your attendance, so put the dates on your calendar, and watch for the Registration flyer later this month. Spread the word and see you there!

*Paul C, 2026 Fall Convention Chair – Our Shared Journey of Hope*

[AFG24FallConv@gmail.com](mailto:AFG24FallConv@gmail.com)

Fall  
Convention

# Area Literature Coordinator Report



The **2026-2029 Al-Anon/Alateen Service Manual** is now available in multiple digital forms as well as hard copy. An updated Group at Work Booklet (P24) is available separate from the manual. Please make sure each of your meetings has a copy of these important guidelines.

WSO is aware that many of the Spanish translations have been out of stock. If you should have questions about availability you are asked to contact customer service at [al-anon.org](http://al-anon.org) directly.

The Baltimore AIS is in search of a volunteer to take over the Literature Depot as Kim D's service time is ending. This is a wonderful service opportunity to support Al-Anon in our region. If you are interested in obtaining more information, please reach out to Kim D at [alanonliteraturedepot@gmail.com](mailto:alanonliteraturedepot@gmail.com)

Our World Service Office is in need of Member Sharings!!


Follow one of the links below for the Writing Guidelines for each respective topic

**Finances in Recovery:** <https://al-anon.org/pdf/Finances-in-Recovery.pdf>

**Forum Submissions:** <https://al-anon.org/pdf/writing-guide-for-the-forum-F1.pdf>

*Yours in Service, Karen N.*

**Be sure to check out the many CAL choices available as eBooks!**



**The *new* Al-Anon/Alateen Service Manual is here!**

Get yours in **print, ebook, flip book, or PDF** format today!

[al-anon.org/estore](http://al-anon.org/estore)

# Alateen Report

→ This spring we recertified 42 AMIAS and have 5 more in process

→ Two meetings changed times and locations recently which appears to have helped with attracting teens:

- The District 3 Carroll County meeting moved from Hampstead on Sunday evenings to Westminster on Wednesday at 7:00 PM.
- The Thursday 5:30 Rockville meeting moved to Potomac on Wednesdays at 7:00 PM.

→ **Out Of State AMIAS:** With WSO guidance, we certified an AMIAS from Delaware to support a future possible Eastern Shore meeting, and we certified 2 AMIAS in Northern Baltimore County that plan to become dual certified in Pennsylvania and support a PA meeting.

→ **Maryland State AA with Al-Anon Convention:**

Alateen has been invited to participate! We will have meetings at 1:00 and 2:00 on Saturday afternoon. The convention will be held 6/19-6/21 at the Towson Sheraton which is the same location as our Al-Anon convention the last 2 years.

→ **WSO Alateen Electronic meetings.**

Teen chat is available only for age **13-18** and is available through the **Al-Anon mobile app**. Instructions are available here: <https://al-anon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>. WSO reports that approximately 4-5 new requests to open Alateen meetings are received weekly and upwards of 30 teens are attending at various Teen Chatter meetings. We expect to hear more from the WSC about future plans for electronic and hybrid Alateen meeting plans.

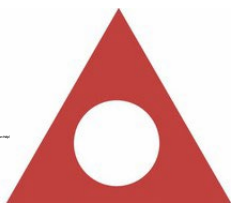
Katie C

Alateen Area Coordinator (AAC)

Area 24 MD/DC

[AlateenArea24ac@gmail.com](mailto:AlateenArea24ac@gmail.com)

[www.alateenmddc.com](http://www.alateenmddc.com)



Do you know a teen affected  
by someone else's drinking?

# Alateen Can Help!

## Try Alateen Chat!

For age 13-18

For more info on meeting times and the mobile app visit:

<https://al-anon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>



### TUESDAY

7:30-8:30 pm

Grace Episcopal Church  
5740 Green Valley Rd

New Market, MD

- ♦ AA & Al-Anon co-located

### WEDNESDAY

7:15-8:15 pm

St. James Episcopal Church  
11815 Seven Locks Rd

Potomac, MD

- ♦ Al-Anon co-located

### SATURDAY

12:00-1:00 pm

#### Saturday Serenity Step

Christ the King Presbyterian Church  
(aka Northwood Presbyterian Church)  
1200 University Blvd, West

Silver Spring, MD

- ♦ Al-Anon co-located

7:00 - 8:00 pm

#### Sereniteen

Crossroads Community Church  
895 Leidy Rd

Westminster, MD

- ♦ AA & Al-Anon co-located

#### ALATEEN is

- ♦ a supportive program for teenagers aged 9-19 who are affected by the drinking and related problems of a parent, family member or friend.
- ♦ a safe place for teens to gather & share their experiences, strength and hope.

### SUNDAY

11:00 - 12:00 pm

#### Evergreen Alateen

Loyola University ~ Knott Hall Room  
G009

4501 North Charles St

Baltimore, MD

- ♦ AA & Al-Anon co-located



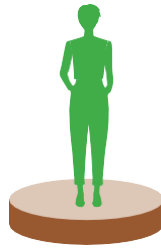
[www.alateenmddc.com](http://www.alateenmddc.com)

Al-Anon-Cer / June 2026

# World Service Conference Structure Graphic



Members in a group elect a **Group Representative (GR)**.



The **GR** is the liaison between the group and the District and the group and the Area Assembly.



The **GRs** in a District elect a **District Representative (DR)**.



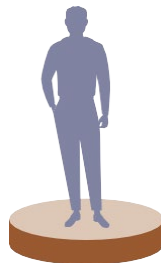
The **DR** represents the District's groups at Area World Service Committee (AWSC) meetings.



The AWSC consists of Assembly Officers, which includes the Chairperson, Delegate, Alternate Delegate, Treasurer, and Secretary; **DRs**; Coordinators (such as Alateen Coordinator and Literature Coordinator); and liaison members (such as Al-Anon Information Service Liaison).



The **GR** attends the Area Assembly to elect the **Area Delegate**, hear reports, and participate in Area service projects.



The **Area Delegate** attends the annual World Service Conference (WSC) and is the link between the groups and the WSC and the groups and the World Service Office (WSO).

## World Service Conference

The composition of the WSC includes the **Area Delegates**, Volunteer members of the Board of Trustees and the Executive Committee and voting members of the WSO administrative Staff.

**Ultimate Authority**

**Delegated Responsibility**



## **Step Twelve in Action: Ensure Hope Is Within Reach**

During warmer weather, travelers and newcomers often search for Al-Anon support in unfamiliar places. When someone seeks an Al-Anon meeting, whether in person or virtually, accurate information becomes their lifeline. Keeping your group's meeting time, location, virtual links, and Phone Contact for the Public details up to date is Step Twelve in action.

“When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and—*Let It Begin with Me.*”

To update your group's information, please visit: [al-anon.org/update](https://al-anon.org/update)

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# Area 24 Group Records



**PLEASE help us to keep WSO Group Records Up-To-Date**



**Whenever there are updates for your group, please submit an online change request form.**

**Updates can include group contacts, meeting time, location, zoom instructions,...**

## **To access the AFG Records web page:**

- From Al-Anon's homepage (<https://al-anon.org>), go to "Members" then "Group Resources"; then click on "Group Records".

**OR**

- Cut and paste: <https://al-anon.org/for-members/group-resources/group-records/> directly into your browser.

## **To update an existing in-person or hybrid meeting, from the AFG Records web page:**

- Click on the "[Al-Anon Group Change](#)" link inside of the "Al-Anon Groups US, Canada, and Bermuda" box
- Then click on the "Update Online" button and follow the instructions to input the updated information for your group and submit the request.

## **To update an existing electronic only meeting (i.e., zoom), from the AFG Records web page:**

- Click on the "[Electronic Group Change](#)" link inside the "Electronic Groups, World-wide" box.
- Then click on the "Change Online" button and follow the instructions to input the updated information for your group and submit the request.

If you have any questions or issues submitting an online change request form, you can email the updated information directly to the Area 24 Group Records Coordinator, Gina K. at [area24grouprecords@gmail.com](mailto:area24grouprecords@gmail.com) and she can make the updates to the group record.

Check WSO's "Find a Meeting" feature to see how your meeting is listed for the newcomer and visiting member: <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

# Area Information Services

## AIS of the Mid- Chesapeake Region

Anne Arundel Co and Northern Eastern Shore  
PO Box 763, Severna Park, MD 21146  
(410)766-1984  
Website: [www.md-al-anon.org](http://www.md-al-anon.org)

Meets quarterly in January, April, July, and October, on the third Wednesday of the month, at 7:00pm via Zoom. For more information, call (410) 766-1984 or email [alanon@md-al-anon.org](mailto:alanon@md-al-anon.org).

## Baltimore Al-Anon Information Service

PO Box 185, Kingsville, MD 21087  
(443) 243-8389  
[www.alanon-maryland.org](http://www.alanon-maryland.org)

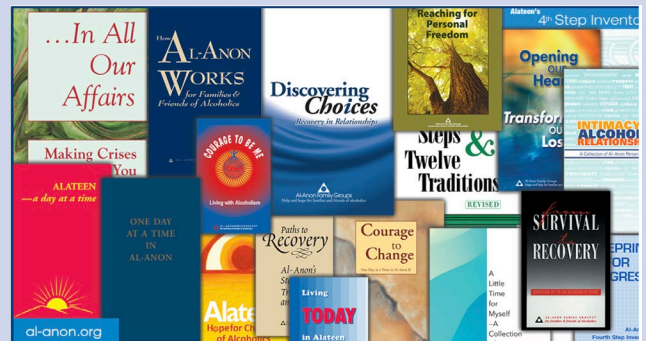
Baltimore AIS business meetings are the second Tuesday of the month (no mtgs in June or Dec) at 7:00pm. For more information call (410) 832-7094 or go to [www.alanon-maryland.org](http://www.alanon-maryland.org)

# Literature Depots

## Baltimore, Baltimore Co, Harford Co, & surrounding areas:

Kim D.: (443) 243-8390  
Please email orders and include the group and your name, address, and phone #.

[alanonliteraturedepot@gmail.com](mailto:alanonliteraturedepot@gmail.com)



# Answering Services



## **Cumberland Answering Service**

(301) 722-6110  
(through AA answering service)

## **Easton Answering Service**

(410) 822-4226  
(through AA answering service)

## *SPANISH SPEAKING MEETINGS IN AREA 24*

<b>Martes (Tuesday) 7:00-8:30 PM</b>	<b>Miércoles (Wednesday) 7:00-8:30 PM</b>	<b>Jueves (Thursday) 7:00-8:30 PM</b>
<p><b>Despertar Espiritual GFA</b></p> <p>in-person meeting</p> <p>Northwood Presbyterian Church</p> <p>1200 University Blvd, Silver Spring, MD, 20902</p>	<p><b>Solo Por Hoy GFA</b></p> <p>In-person meeting</p> <p>St. Jude's Regional School, Family Room</p> <p>4820 Walbridge St., Rockville, MD, 20853</p>	<p><b>Camino a la Serenidad GFA</b></p> <p>in-person meeting</p> <p>Church of the Ascension</p> <p>205 S Summit Ave, Gaithersburg, MD, 20877</p>

## *SPANISH SPEAKING MEETINGS IN VIRGINIA*

<b>Leesburg (Presencial)</b>	<a href="#"><u>Nueva Vida – Hijos adultos</u></a>	<b>St. James Episcopal Church</b>	<b>14 Cornwall St. NW, Leesburg, VA, 20176. (Entrada por la espalda de la Iglesia)</b>	<b>Monday   Lunes</b>	<b>7-8:30p</b>
<b>Alexandria (Presencial)</b>	<a href="#"><u>Serenidad</u></a>	Good Shepherd Church	8710 Mount Vernon Hwy, Alexandria, VA 2309.	<b>Tuesday   Martes</b>	<b>7-9:00p</b>
<b>Bull Run (Presencial)</b>	<a href="#"><u>Nuevo Despertar – Hijos Adultos</u></a>	Holy Family Catholic Church	14160 Ferndale Rd, Woodbridge, VA 22193.	<b>Sunday   Domingo</b>	<b>2:30-4:00p</b>
<b>Arlington (Telefono)</b>	<a href="#"><u>Fe y Paciencia</u></a>	Reunion Telefonica	(267) 807-9605 Codigo 513468*	<b>Thursday   Jueves</b>	<b>5-6:00p</b>
<b>Sterling (Presencial)</b>	<a href="#"><u>Renacer en la Esperanza</u></a>	Christ the Redeemer Catholic Church	46833 Harry Byrd Hwy, Sterling, VA, 20164.	<b>Thursday   Jueves</b>	<b>8-9:30p</b>
<b>Falls Church Presencial y Zoom</b>	<a href="#"><u>Valor para Cambiar Hijos adultos</u></a>	St. Anthony of Padua Church	3305 Glen Carlyn Rd. Falls Church, VA 22041.	<b>Friday   Viernes</b>	<b>7-8:30p</b>
<b>Annandale (Presencial)</b>	<a href="#"><u>Alegría de Vivir – Hijos adultos</u></a>	Annandale Plaza	4201 John Marr Dr. Ste 208, Annandale, VA 22003	<b>Saturday   Sabados</b>	<b>5-6:30p</b>

# AI-Anon-Cer

Published by AI-Anon Family Groups of Maryland  
[www.marylanddc-alanon.org](http://www.marylanddc-alanon.org)

Editor: Joe D Email: [Newsletter4Area24@gmail.com](mailto:Newsletter4Area24@gmail.com)

## SUBMISSIONS

Send calendar events and reports for the AI-Anon-Cer to the editor by the deadlines below. Please include contact information with your submission to enable the editor to verify/clarify information.

SUBMISSION DEADLINES				
Issue	Deadline		Issue	Deadline
March	February 15		September	August 15
June	May 15		December	November 15
<b>Early submissions are greatly appreciated!</b>				

## SUBSCRIPTIONS

Group Reps, District Reps, Area Officers & Coordinators, Past Delegates, Regional Trustee and Area Information Services may request a paper copy. Additionally, all other members may request a paper copy; a \$15 annual donation to Area 24 is suggested but not required.

**The AI-Anon-Cer may also be emailed to any member who requests a subscription.**

**Email your subscription request to:** [Newsletter4Area24@gmail.com](mailto:Newsletter4Area24@gmail.com)

Or subscribe at the Area 24 website: <https://www.marylanddc-alanon.org>

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*...fully self-supporting, declining outside contributions*

## Contributions to Area 24

**Mail to:** AFG of MD and DC, Inc  
3116 Parkway  
Cheverly, MD 20785

- *Make donation checks payable to “AFG of MD and DC, Inc”*
- *Please include your group name & number on your contribution*
- *For District contributions, include the District Number*

## Contributions to the World Service Office

**Mail to:** Al-Anon Family Groups Headquarters, Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

- *Please make donation checks payable to “AFG, Inc”*
- *Please include your group number on your check*

Meeting Information: 888-425-2666

All other business: 757-563-1600

Website: <http://www.al-anon.org/members>

*All members are encouraged to visit and browse the WSO website!*

Members can also make an online donation to both the Area and WSO very easily on the Area 24 website:

<https://www.marylanddc-alanon.org/>



## Treasurer's Corner



### Contributions

It is now possible to send group and district contributions using Zelle. Contribute using Zelle to tag AFGofMDandDC. Please include the WSO or District number, your email, and your name in the comment section. The WSO number can be found on Al-Anon.org. Contributions without a WSO number will be listed in the Al-Anon-Cer as from an UNKNOWN GROUP.

The group, district and individual contributions for the first quarter of 2026 were \$6,600. The Area thanks you for all these generous contributions. See the Contributions page for details of the contributions.

### Expenses

The total expenses for the first quarter of 2026 were \$3,424. Payments were \$300 for the annual legal review of the Alateen Guidelines, \$549 for public outreach registration for two conferences, \$96 for AMIAS background checks, \$400 for room rentals for the spring AWSC and assembly and \$115 for a past delegate to register for the N.E.R.D. conference. The annual insurance payments of \$1,964 for Liability and for Directors & Officers insurance was the other payment for the quarter.

### Directions for Contributions

If you are in a position to do so, you can contribute directly via credit card to the World Service Office at Al-Anon.org. You can send a check to the area and your local AIS if you have one.

You can also contribute to the area via credit card, debit card, Zelle, or PayPal from the area web site, MARYLANDDC-ALANON.ORG. If you choose to contribute this way and want the contribution to be recorded as coming from a meeting be sure to indicate the meeting's WSO number. You can find the WSO number for meetings on the Al-Anon.org "find a meeting" section, at the bottom of the listing for the meeting.

Please include your WSO group number and meeting name on contributions by mail. If you don't know your WSO group number, then include meeting location and meeting day and time. It would also be appreciated if you could include an email address or phone number in case there is a question.

Make checks payable to AFG of MD & DC.

Send contributions to: AFG of MD & DC, 3116 Parkway, Cheverly, MD 20785-1255

Yours in Service,

Charles L, Treasurer

**AFG of MD and DC Inc  
Contributions January Through March 2026**

<b>AFG or District</b>	<b>Amount</b>	<b>AFG or District</b>	<b>Amount</b>
'00000 Unknown Group	\$100.00	'503309 Just a Step Away	\$100.00
'2417 Chevy Chase	\$407.20	'52341 Steps to Serenity	\$46.00
'2424 Friendly Hybrid	\$99.00	'52431 Came To Believe	\$80.00
'2433 Let It Begin With Me	\$25.00	'52791 Bolton Hill Family	\$47.75
'27312 Oakleigh Sunday Night	\$25.00	'53132 Wednesday Friday	\$62.80
'29637 7 Locks Thursday 1 PM	\$150.00	'53483 Sunday Mont. Village	\$36.00
'29743 Friends of Lois	\$73.50	'5768 Emmorton	\$39.00
'30524803 Saturday Morning Adult Child	\$54.24	'5774 Annapolis Tuesday Afternoon	\$75.00
'30532420 Saturday Serenity	\$53.50	'5777 Thursday Morning	\$160.74
'30550843 New Beginnings	\$48.51	'5828 Rodgers Forge Thursday	\$100.00
'30555420 Gallery Place Friday Noon	\$73.02	'5839 We Care	\$25.00
'30563855 Severna Park Saturday Morning	\$24.60	'5903 Tuesday Night Topic	\$160.00
'30573893 Just For Today	\$50.00	'5965 Liberty	\$72.00
'30606314 Every Sunday Takoma Park Parents	\$85.00	'5976 Friday Nite Group	\$8.00
'30654267 Tuesday Steppin Step Meeting	\$17.40	'5980 Olney Sunday Night	\$25.00
'30664356 Monday At A Time	\$105.00	'6014 Easy Does It	\$90.00
'30678086 New Market	\$110.00	'6025 AA County Thursday Night	\$38.00
'30683130 Wednesday Colora Group	\$15.00	'6036 White Oak	\$200.00
'30685957 Women's Renewal Beginners	\$184.00	'60374 Miracles and Rainbows	\$50.00
'30793689 Fallston Parents Meeting	\$13.00	'6051 College Park	\$5.00
'30795 Towson Tuesday Night	\$54.00	'6062 Wednesday Noon	\$50.00
'30797160 Peace and Serenity	\$818.50	'61600 How AFG Works Study	\$16.80
'30825259 Greater Baltimore Literature Study	\$31.85	'62294 A Little Time for Myself	\$75.00
'30866908 The Original Govans	\$25.00	'63891 Let It Begin With Me	\$25.00
'33832 Westmoreland Circle Noon	\$133.29	'64317 Midtown	\$29.89
'43421 Courage to Change	\$28.91	'64486 Courage to Change	\$42.07
'43468 Saturday Nite Alive	\$193.00	'66136 Evergreen Discussion	\$80.00
'48369 Monday Night Parents Meeting	\$259.29	'66431 Surrender	\$292.00
'49402 Keep It Simple Saturdays	\$133.55	'67295 Service For Fun	\$195.53
'502454 Middletown	\$66.00	D02 District 2	\$355.97
'502994 Centreville Wednesday Night	\$31.00	D05 District 5	\$200.00
'503306 Monday Matters Paths To Recovery Study	\$181.32	D24 District 24	\$150.00
		<b>Total Contributions</b>	<b>\$6,601.23</b>

**EXPENSES**

Legal review of Alateen guidelines	\$300.00
AMIAS background checks	\$96.25
Spring AWSC & Assembly room rental	\$400.00
Public Outreach, 2 conferences	\$549.00
N.E.R.D. registration	\$115.00
Liability Insurance	\$1,212.00
Director and Officer Insurance	\$752.00
<b>Total Expenses</b>	<b>\$3,424.25</b>

**CONTRIBUTIONS**

Online at MarylandDC-Alanon.org with Zelle or Paypal, Credit or Debit card.

By mail make the check payable to AFG of MD & DC.

Send check to: AFG of MD & DC, 3116 Parkway, Cheverly, MD 20785-1255

Please note "individual", group number or district number on check.

By Zelle to tag AFGofMDandDC. Include WSO or District number, your email, and your name

Contributions above the level required to pay expenses and maintain the prudent reserve are normally contributed to the WSO each year after approval by the assembly.

The WSO number for a group can be found on the Al-Anon.org web site at the bottom of the listing for the group.

**Spring 2026 AWSC Minutes**  
Al-Anon/Alateen Family Groups of  
Maryland and the District of Columbia, Inc.

**Saturday, March 7, 2026**

Meeting opened at 10:00 am with the Serenity Prayer, Reading of the Steps, Reading of the Traditions, and Reading of the Concepts and Warranties.

**Roll Call:** Gina K. read the definition of Substantial Unanimity versus Substantial Majority, from the Service Manual p. 220 & 221, since people have asked her questions. She stated that the terms are used interchangeably. We voted to establish Substantial Unanimity for this AWSC as 2/3 of all voting members. For this meeting, Substantial Unanimity was 14 votes (2/3 of 17 voting members). Attendees:

- Chair: Dolores M. (Acting)
- AC AAPP: Lynne K
- AC Archives: Lucinda W.
- AC Group Records: Gina K.
- AC Website: Vicky B.
- AIS Chair Baltimore: Jessica K
- Al-Anon-Cer Newsletter: Joe D. (Acting)
- Literature: Karen N.
- Liaison to the AA Convention: Joanie N.
- Alternate Delegate and Fall Convention Chair: Paul C.
- District Representatives:
  - 02: Kathy O.
  - 03: Nadine R.
  - 07: Wilhelmina H.
  - 12: Carolyn T.
  - 13: Emily T (morning) & Pat (afternoon)
  - 15: Marie M.
  - 19: Charles L.
- Treasurer: Charles L. (Acting)
- AC Alateen: Katie C.
- AC Tech: Suzy M.
- AC Public Outreach: Suzanne R.
- Past Delegate: Charles S.
- Spring Convention Chair: Kelly N.
- Secretary: Marie M. (Acting)
- Insurance: Cindi SG

- 20: Ernest Q.
- 22: Norm W.
- 24: Barbara F.
- Observer: Maureen

**Secretary:** Dolores called for the approval of the Fall 2025 AWSC Minutes. The minutes were approved. The Secretary position is vacant. Those interested in the position can contact Dolores.

**Chairperson:** Dolores led the discussion on whether to keep or change the date for the Fall AWSC Meeting. The consensus was to keep the date agreed upon. The upcoming Calendar Events for 2026 are:

- Spring Assembly: May 16, 2026
- Fall AWSC Meeting: August 29, 2026
- Fall Assembly: October 24, 2026

**Delegate's Report:** Dolores M.

Highlights from the January 2026 Board Week at WSO and other pre-conference information:

*This year the theme of the 66th World Service Conference is "75 Years- One Purpose" [75 años, un propósito]. It will be held in Newport News, VA, April 20 through 25.*

The WSO Open House and Gala Banquet was already sold out before I could announce it. It is Saturday, April 25 in Virginia Beach (there's a waitlist). Let me suggest you attend Baltimore AIS's Al-Anon Birthday Luncheon on the same day or have your own local celebration.

The new group of Delegates coming in are Panel 66. I have a mentee – the delegate from Alaska. I'm interested in hearing more about how they do things in Alaska. I want to find out more about how they do Assemblies and how they fund them. Lots of large states have weekend-long, in-person AWSC and Assemblies in hotels. How do they keep that going?

The Conference Leadership Team (CLT) is responsible for preparing a World Service

Conference (WSC) agenda that facilitates the group conscience of our fellowship. This 6-person team consists of a combination of Trustees and WSO Directors. Remember those Trustees are Al-Anon Volunteers!

The WSO continues with its Strategic Priorities and Projects identified in 2020. Idalia was Delegate and she did a thorough presentation. It is the framework guiding WSO planning.

Some of these projects carried over from 2025.

- *WSO Core Systems – Both CRM/AMS and Accounting systems (including security features)*
- *Electronic Alateen Validation and Implementation Planning*
- *eBooks Globally*
- *2026–2029 AlAnon/Alateen Service Manual*
- *CAL Globally*
- *Refresh of AlAnon Faces Alcoholism*
- *2028 AlAnon International Convention with A.A. Participation (Minnesota)*
- *Passing It On (Growing Service) (more info coming out)*
- *AFG, Inc. Branding Guidelines for Trusted Servants*
- *al-anon.org Website Redesign*
- *75th Anniversary Event and Public Outreach Campaign*
- *One new strategy approved- SharePoint\* Implementation Feasibility*

*[SharePoint is like Google One-Drive or other platform for file sharing and storage.]*

Trustees interviewed candidates for the trustee position and will select nominees to put forth at the Conference for Delegates to affirm. The trustee position requires significant time and attention. 5 Regional Trustees will be put forth including someone from Northeast Region and 3 Trustees-at-Large. (With all that discussion about regional trustees and trustees-at-large, perhaps it stirred up some new interest.) At the last Assembly GRs already told me that they like having both Regional Trustees and Trustees-at-Large. When the question of “Single Trustee process” comes up I will vote that we want both.

Aside from the single trustee topic, we will be continuing discussion of Choosing a Group Name Policy, Electronic Alateen Validation and Implementation, and two

Delegate Task Forces. Fortunately, change is slow in Al-Anon. We keep “reasoning things out” until we know it makes sense for everyone.

The 2026 October Board Week and Road Trip! event will be held in Chicago, Illinois, October 19–24, 2026. In-person only! That’s the nature of the Road Trip. Board Week is grounded in spiritual principles—listening, patience, humility, and trust in a loving Higher Power. The idea is to help that location get enthusiastic about service.

There will be continuous revisions to Alateen policy as the WSO tries to make Alateen available through the app. Alateen meetings can only be started by “Al-Anon members certified by their Areas.” That means AMIASes.

Finance Committee Update for results of 2025- The WSO did not achieve the budget for literature sales, but they received more in contributions, because of large bequests. While that was good for 2025, it is not a long-term strategy to rely on bequests. Without the bequests, WSO would have had a deficit. Expenses were carefully watched, and they spent less than budgeted.

It is important to maintain regular contributions and literature sales. Please buy your literature through Al-Anon, like literature depots or the WSO. We have built this program over 75 years on member contributions and literature sales and we will keep going on that.

Choosing a Group Name Policy Implementation continued discussion-- The “Committee’s intention had never been to direct Staff to enforce the “Choosing a Group’s Name” Policy Implementation on existing groups.”

“Staff contacted the groups to ask if their meetings would welcome anyone affected by another person’s drinking, and multiple groups responded that only members who fell under the specified would be welcome.” That’s a problem that I did not see in our Area. I asked in multiple groups- Adult Children, Grandparents- they said anyone in Al-Anon can come.

Until there is a change, group names are allowed to include identifiers such as those currently listed on page 28 of the 2022-2025 AlAnon/ Alateen Service Manual- “men, women, parents, adult children, young adults, other gender identification/ sexual

orientation, etc. with the understanding that in keeping with Traditions Three and Five, the groups will welcome anyone affected by someone else's drinking" until the 2026 World Service Conference to allow WSC Structure Areas to discuss the implementation of the 2024 WSC approved "Choosing a Group's Name" Policy.

I liked getting cards and letters while I was at the World Service Conference. If you want to send a card or letter of support to me, mail to arrive after April 17:

*Dolores M\_\_\_\_\_ (hold for WSC 4/20-4/24, 2026)*  
*Newport News Marriott at City Center*

**Treasurer's Report:** Charles L. (acting)  
2026 AWSC Spring Treasurer's Report

The final results from 2025 were presented. The information presented for 2025 was the same as in the March 2026 Al-Anon-Cer. All figures below are rounded to the nearest \$10.

For 2025 income exceeded expenses by \$3,950 not including the extra \$20,600 donated to the World Service Office. This \$20,600 was the amount in the main area bank accounts above the prudent reserve at the beginning of 2025. The bank balance for all the area accounts (excluding the convention accounts) at the end of the year was \$26,840, which is \$1,210 below the 2026 prudent reserve.

At the end of 2025 the spring convention account had a balance of \$4,510 and the fall convention balance had \$4,500. The contributions for the year from groups, districts, and individuals totaled \$20,290, \$1,230 above the budgeted amount of \$19,060. The area opened a CD this year, which earned \$560 in interest. The total income was \$20,840.

The major expenses for the year were contributions to the WSO, payment for the 2026 World Service Conference (WSC), insurance, Alateen support, Al-Anon-Cer costs, area business meetings expenses, public outreach, and web site hosting. We increased our contributions to the WSO to a total of \$28,100. We paid \$3,120 for the 2026 WSC, \$1,960 for insurance, Alateen support of \$1,760, \$800 for area business meeting expenses, \$630 for the Al-Anon-Cer, \$600 for public outreach, and \$390 for web hosting. Other expenses were \$130 for other small expenses.

Through March 1 of 2026 we had a surplus of \$4,960. The only expense was \$300 for the annual review of the Alateen guidelines and \$40 for one AMIAS background check.

The area bank account balance of \$26,840 as of January 1, 2026, was \$1,210 below the prudent reserve of \$28,050. There will be no excess to contribute to the WSO in 2026. The prudent reserve is equal to the budgeted operating expenses for the year. The 2026 budgeted expenses are \$5,070 greater than the budgeted expenses for 2025 because we found more ways to support Al-Anon at the local level.

To be reimbursed for expenses you need to submit an Area 24 Request for Funds, located on the area web on the Area Forms page. The best way to submit it is to scan it and the receipts and email them to [Area24Treasurer@Gmail.com](mailto:Area24Treasurer@Gmail.com). If you don't have a scanner, you can take a picture of the form and receipts and email those. Be sure that the PDFs are readable. If you prefer, you can mail the form along with the receipts to the address on the form.

The AFG of MD and DC Budget Summary Year to Date Report below.

**AFG of MD and DC  
Budget Summary Year to Date**

Budget Summary		2026		2026		2027
Account	Item	Budget	Actual	Additional	Actual+Additional	Budget
<b>INCOME</b>						
				Expected	Actual+Expected	
4101	Group Contributions	\$17,000.00	\$4,799.10		\$4,799.10	\$17,000.00
4102	District Contributions	\$2,000.00	\$505.97		\$505.97	\$2,000.00
4103	Individual Contributions	\$60.00	\$0.00		\$0.00	\$60.00
4201	Spring Convention Proceeds		\$0.00		\$0.00	
4202	Fall Convention Proceeds		\$0.00		\$0.00	
4400	Al-Anon-Cer Subscriptions		\$0.00		\$0.00	
4800	Interest Income	\$600.00	\$649.47		\$649.47	\$600.00
4900	Miscellaneous Income		\$0.00		\$0.00	
4100	<b>Total Income</b>	<b>\$19,660.00</b>	<b>\$5,954.54</b>	<b>\$0.00</b>	<b>\$5,954.54</b>	<b>\$19,660.00</b>
<b>EXPENSES</b>						
		Budget	Actual	Additional	Actual+Additional	Budget
5010	WSO Contributions (1)	\$7,500.00	\$0.00		\$0.00	\$7,500.00
5021	Alateen Coordinator	\$500.00	\$0.00		\$0.00	\$500.00
5022	Alateen Process Person	\$1,500.00	\$0.00		\$0.00	\$1,500.00
5023	Alateen Background Checks	\$750.00	\$44.00		\$44.00	\$750.00
5031	Literature Coordinator	\$100.00	\$0.00		\$0.00	\$100.00
5032	Jessup Literature	\$400.00	\$0.00		\$0.00	\$400.00
5033	Frederick Literature	\$0.00	\$0.00		\$0.00	\$0.00
5062	Spring Convention Chair Expense	\$100.00	\$0.00		\$0.00	\$100.00
5063	Fall Convention Chair Expense	\$100.00	\$0.00		\$0.00	\$100.00
5071	Liaison To AA Spring Convetion	\$500.00	\$0.00		\$0.00	\$500.00
5072	Liaison to AA Fall Convention	\$0.00	\$0.00		\$0.00	\$0.00
5080	Public Outreach Coordinator	\$4,000.00	\$0.00		\$0.00	\$4,000.00
5090	Web Services	\$450.00	\$0.00		\$0.00	\$450.00
5100	Technology Support	\$150.00	\$0.00		\$0.00	\$150.00
5120	Al-Anon-Cer	\$600.00	\$0.00		\$0.00	\$600.00
5000	<b>Total Program Expenses</b>	<b>\$16,650.00</b>	<b>\$44.00</b>	<b>\$0.00</b>	<b>\$44.00</b>	<b>\$16,650.00</b>
6011	Area Chair	\$250.00	\$0.00	\$0.00	\$0.00	\$250.00
6012	Area Secretary	\$100.00	\$0.00	\$0.00	\$0.00	\$100.00
6013	Area Treasurer	\$100.00	\$0.00	\$0.00	\$0.00	\$100.00
6014	Banking Charges	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6015	Delegate to WSO Conference	\$3,700.00	\$0.00	\$0.00	\$0.00	\$3,700.00
6016	Area Delegate	\$250.00	\$0.00	\$0.00	\$0.00	\$250.00
6017	Area Alternate Delegate	\$100.00	\$0.00	\$0.00	\$0.00	\$100.00
6021	Delegate to N.E. Regional	\$750.00	\$0.00	\$0.00	\$0.00	\$750.00
6022	Past Delegate to N.E. Regional	\$1,600.00	\$0.00	\$0.00	\$0.00	\$1,600.00
6023	Past Delegate Miscellaneous	\$100.00	\$0.00	\$0.00	\$0.00	\$100.00
6030	Group Records Coordinator	\$100.00	\$0.00	\$0.00	\$0.00	\$100.00
6040	Archives Coordinator	\$100.00	\$0.00	\$0.00	\$0.00	\$100.00
6050	Assembly Meeting Expenses	\$850.00	\$0.00	\$0.00	\$0.00	\$850.00
6060	AWSC Meeting Expenses	\$400.00	\$0.00	\$0.00	\$0.00	\$400.00
6071	Liability Insurance	\$1,450.00	\$0.00	\$0.00	\$0.00	\$1,450.00
6072	D & O Insurance	\$900.00	\$0.00	\$0.00	\$0.00	\$900.00
6073	Crime Theft Insurance	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6074	Insurance Coordinator	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6080	Software	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6090	Legal and Professional	\$350.00	\$300.00	\$0.00	\$300.00	\$350.00
6110	Miscellaneous	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6120	Contingency Fund	\$300.00	\$0.00	\$0.00	\$0.00	\$300.00
6000	<b>Total Administrative Expenses</b>	<b>\$11,400.00</b>	<b>\$300.00</b>	<b>\$0.00</b>	<b>\$300.00</b>	<b>\$11,400.00</b>
	<b>Grand Total All Expenses</b>	<b>\$28,050.00</b>	<b>\$344.00</b>	<b>\$0.00</b>	<b>\$344.00</b>	<b>\$28,050.00</b>
	<b>Net Income</b>	<b>-\$8,390.00</b>	<b>\$5,610.54</b>	<b>\$0.00</b>	<b>\$5,610.54</b>	<b>-\$8,390.00</b>

5

Budget column is the budget for the year  
 Actual is the expenses for the year  
 The last three columns are used in the last quarter of the year only  
 Additional Expected is estimate for the rest of the year  
 Actual + Additional is estimate for the total year  
 Budget for next year is last column

## Reports:

### **Baltimore AIS Chairperson:**

Jessica K.

This fall, service rotation for many key Baltimore AIS positions will take place. We encourage anyone interested in learning more about how Baltimore AIS works to join us on the second Tuesday of the month (except June and December) for our one-hour hybrid meeting. We get lots done in a short time and it is a great way to understand more about what is happening throughout districts 3-10. More here including a flyer: <https://alanon-maryland.org/service/>

Thanks,  
Jessica K

Jessica also provided a flyer to encourage attendance with the Baltimore AIS meetings, below:

### **Spring Convention 2026 Chair:** Kelly N.

The Spring Convention will be held June 12 - 14 June 15, 2026 at Frostburg University; 101 Braddock Road; Frostburg, MD 21532. Registration is now open and accessible through the Al-Anon-Cer or by accessing:

<https://www.tinyurl.com/afg24sc>

There are three committee openings. Anyone interested in the following positions can contact Kelly at 410-507-9123 or [kelmarstey@verizon.net](mailto:kelmarstey@verizon.net):

- Spring Convention 2026 Co-Chair
- Decorations Chair
- Secretary

### **Fall Convention 2026 Chair Report:** Paul C.

The Fall Convention will again be held at the Sheraton Baltimore North Hotel, Dates are November 6-8, which is back to our traditional first weekend of November.

We have most Chairs filled, including Co-Chair. We are still looking for a Program Chair, Decorations, Literature, and Saturday Night Alternative. We will be meeting next Saturday the 14th, at 10:00 via Zoom.

Everyone here is encouraged to attend. We will be determining the budget and picking a theme. Anyone desiring further information about attending the Fall Convention planning meetings can be added to the email list for these meetings by contacting Paul C. at 240-367-2297 or [photoray@juno.com](mailto:photoray@juno.com)

An onsite meeting will be set up for June, with the Hotel having a representative present and we will have an opportunity to walk the various meeting rooms. We anticipate modest increases of cost over 2025. The hotel has been very responsive to our requests, with each year's Convention running smoother. Look for a Save-The-Date flyer soon

**Area Alateen Coordinator Report:** Katie C.

Area 24: [AlateenArea24ac@gmail.com](mailto:AlateenArea24ac@gmail.com) and/or [www.alateenmddc.com](http://www.alateenmddc.com)

The area has 53 certified AMiAs and 6 pending. Some AMIAS are across state lines. 50 of the 53 AMIAS are in the recertification process.

This year is an election for the Area Alateen Process Person (AAPP). Katie made the following proposal in an effort to increase the number of eligible candidates.

Proposed item for Assembly: The Area Alateen Process Person (AAPP) would become a non-voting member of the assembly and we would remove the first bullet in the Area 24 AAPP job description which states: Any Al-Anon member who is not also a member of Alcoholics Anonymous is eligible to serve  
[https://www.marylanddcalanon.org\\_filesugdc8a2a7\\_a615d20507e944ca9795dbfb14f03181.pdf](https://www.marylanddcalanon.org_filesugdc8a2a7_a615d20507e944ca9795dbfb14f03181.pdf)

After discussion, a vote was taken and the proposal was approved to be presented to the 2026 Spring Assembly.

**Group Records Coordinator Report: Gina K.**  
Area Group Records Coordinator (AGRC) Report

As of March 1, 2026, there are 216 active meetings registered in the WSO database for Area 24:

165 in-person/hybrid meetings

51 electronic-only meetings

70% of our meetings have Group Reps

120 in-person/hybrid meetings have GRs

31 zoom meetings have GRs

16 of our 24 Districts have District Reps

**Insurance Coordinator Report: Cindi S.**

No Report. Paul C reminded attendees that avoid asking host venues whether they need an insurance certificate. If asked by the venue, then request Cindy to send them one.

Anyone requiring a certificate of insurance for conducting an event should contact Cindi at: [cscafide@gmail.com](mailto:cscafide@gmail.com)

**Literature Coordinator Report: Karen. N.**

Karen attended the WSO Literature Coordinators Meeting on February 22, 2026.

UPDATE: The 2026-2029 Service Manual is now available in digital form. The print copy will be available April 20, 2026. Also an updated Group at Work Booklet will be available April 20, 2026 (Please make sure each of your meetings has a copy of these important guidelines) WSO is aware that many of the Spanish translations have been out of stock. If you should have questions about availability you are asked to contact customer service @al-anon.org directly.

WSO is in need of SHARINGS!! Please consider writing for these future pieces of literature as WSO has not received enough sharings to move forward.

Sharings Needed for New CAL on Personal and Service Sponsorship. Approved in 2023. You are encouraged to submit your sharings. This is the link to the Writing Guideline for Sponsorship and Service Sponsorship: <https://al-anon.org/pdf/Sponsorship-Writing-Guide.pdf>

Sharings Needed for New CAL on Finances in Recovery approved at the 2024 World Service Conference. You are encouraged to submit your sharings, This is the link to the Writing Guideline for Finances in Recovery: <https://al-anon.org/pdf/Finances-in-Recovery.pdf>

The Forum needs your Sharing about Our Three Legacies! Please consider writing about one of the Twelve Steps, Twelve Traditions, or Twelve Concepts of Service, as the World Service Office receives very few sharings about them. Submissions for The Forum should range from about 200 to 400 words. This is the link to the Writing Guideline for Forum Submissions: <https://al-anon.org/pdf/writing-guide-for-the-forum-F1.pdf>

Be sure to check out the many choices available as eBooks.

Karen would like to see if there is any interest in having a Writing Workshop at our Fall Convention. She is also seeking someone with writing skills to help her along this challenge. She thinks it would be a great experience for those that are not skilled in writing and help provide writings for our wonderful Al-anon Literature.

Submitted by: Karen N. [karenannnovakoski@gmail.com](mailto:karenannnovakoski@gmail.com) 443.617.9663

**Technology Coordinator Report:** Suzy M.

No report for this session.

**Website Coordinator Report:** Vicki B.

As Web Coordinator, Vicki is making regular updates to the Area 24 AFG public website: Al-Anon MD/DC based on e-mailed requests and other sources of info about upcoming business meetings and events.

She is also trying to be very conscious of info security and especially the anonymity & personal contact info of trusted servants and other members. She will work w/ event

contacts to get sanitized flyers and other promotional materials. She offers the option for site visitors to e-mailing [afgarea24web@gmail.com](mailto:afgarea24web@gmail.com) for Zoom meeting numbers and passwords, on a need-to-know basis.

Website Usage Data comparison of February 2026 versus January 2026:

1710 Site Session - up 17%

Top 2 Sources - Google (up 17%) and Direct (up 10%)

87% New Visitors and 13% Returning Visitors

Sessions by device; 64% Mobile; 35% Desktop and 1% Tablet

Most popular topics in priority order:

- find a meeting
- tools for recovery
- guiding principles
- literature
- printable meeting directories
- events
- search

**District 02 Report:** Kathy O. (DR)

We have 11 groups. Most are in person, 1 virtual only, 1 hybrid. We also have an Alateen meeting in the District. Alateen has been growing gradually. We have recently had a meeting with 5 Alateens.

The District recently voted to send contributions to our Alateen meeting twice a year, and 50% to World Service, 25% to Area 24.

Right now our District meetings are Virtual. We will be trying 2 District Meetings hybrid later this year. The hybrid meetings will be in Frederick where most of the Alanon meetings are. Hagerstown is farther away and group reps. can attend virtually if they prefer.

Alanon "meetups" Presently we have 3 Alanon "meetups" scheduled this year on months with no District meeting. They are open to all Al-anon members in the District, and are on Sundays at 2 at Wegmans in Frederick. A couple of the group

reps. always attend the meetup. This is a chance to ask questions, bring up Alanon topics, and learn more about Alanon and how it works. I hope to have some of the discussion be about the value of service and how it can help recovery.

**District 03 Report:** Nadine R. (DR)

District 03 has 2 groups in Carroll County, including 1 hybrid and 1 alternating online/in-person mtg. They are looking to start an Alateen meeting on Wednesday evenings in Westminster; along with starting a new Alanon meeting at same location and time.

**District 07 Report:** Wilhelmina J. (DR)

District 07 has 12 groups consisting of in person, hybrid and virtual. They have 1 Alateen meeting.

**District 12 Report:** Carolyn T. (DR)

District 12 has approximately 14 healthy meetings. They are a great mix of in-person, virtual, and on line only. We also have Spanish Speaking meetings.

Big announcement is our upcoming Spring Workshop on April 11th. 75 Years of Growth and Gratitude.

Big focus over the last 6 months has been outreach. We have ordered some of the more newcomer friendly pamphlets and are working to find the best places to pass them out. Each one has a QR code sticker that links to our district meeting.

**District 13 Report:** Pat (DR)

District 13 has 21 meetings of which some are hybrid and some on Spanish speaking.

**District 15 Report:** Marie M. (DR)

District 15 has 8 groups of which one is hybrid and one has a POC instead of a group representative. A Planning Committee is meeting March 8th to begin planning an event for the District during 2026. Marie's term as DR ends effective June 2026 and notifications will be made regarding the vacancy or replacement.

**District 19 Report:** Charles L. (DR)

District 19 has 4 meetings of which 3 are on-line and 1 is in person.

**District 20 Report:** Ernest Q. (DR)

[Sorry, we didn't capture what Ernest talked about.]

**District 22 Report:** Norm W. (DR)

District 22 has 12 groups.

**District 24 Report:** Barbara F. (DR)

District 24 has 7 meetings.

**Alternate Delegate's Comments:** Paul C.  
Alternate Delegate Report 2026 Spring AWSC

Paul has begun attending District Meetings in our Area, to act as a resource, answer questions and encourage attendees to attend Area Meetings, at least part of these meetings, so they might become more familiar with what actually happens during our meetings. The goal being to help members make the transition to Area level service positions.

He also facilitated getting past Fall Convention Chairs to meet and review the Fall Convention guidelines. We have 4 past Chairs who agreed to meet to review them. They have begun the process and they have been encouraged to bring their suggested revisions to the Area for the Fall 2026 Assembly.

**Past Delegate's Comments:** Charlie

Charlie attended the Northeast Regional Delegate (NERD) Meeting that covers Maine to Maryland. It was an opportunity to share and learn what is happening in other areas. Charlie encouraged DRs to consider volunteering for the Delegate and Alternate Delegate and Chair positions.

**Wrap-up and Closing:** Dolores wrapped up the meeting and closed with the Al-Anon Declaration and the Serenity Prayer.

# The Arch to Freedom



## 52nd Maryland State Convention

June 19-21, 2026

Hosted by Maryland General Service, Inc  
with Al-Anon and Alateen Participation

**Sheraton Baltimore North Hotel**  
903 Dulaney Valley Road Towson, Maryland 21204

### MGS Room Rate:

\$129 per night plus tax  
King or two Double Beds

More Doubles available as  
holds are released

### Book rooms at the MGS Group Rate!



You may cancel your  
reservation for no charge  
2 days before arrival,  
June 16, 2026

<https://bit.ly/MDStateConvention>

**Free Parking Garage Validation for all Convention Registrants**

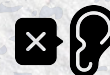
### Full schedule available on our Mobile App

FRIDAY	
7 AM	Registration Opens   Hospitality Suite Opens   Committee Displays   Coffee   Alcathon Meetings (7am - Midnight)
8:30 AM	AA Speaker (Steps 1 - 3): Gina T., Penn del, PA
10 AM - 5 PM	AA, Al-Anon & Spanish Workshops
10 AM & 2:30 PM	Joe & Charlie Steps 1 - 3 & Steps 4-9 Workshops
11:30 AM	Delegate's Report
12:30 - 2:30 PM	Lunch Buffet
4 PM	AA Speaker (Steps 4 & 5): Lance B, Parkville, MD
5:45 - 7:45 PM	Plated Dinner
7:30 PM	AA Play "The Coffee Pot Zone"
8:45 PM	AA Speaker (Steps 6 & 7): Linda K-K., Piscataway, NJ
10:15 PM	Ice Cream Social or AA History Workshop
11:59 PM	Alcathons End & Hospitality Suite Closes

SATURDAY	
7 AM	Registration   Hospitality Suite   Committee Displays   Coffee   Alcathon Meetings (7am - Midnight)
8:30 AM	Joe & Charlie Steps 10 - 12 Workshop
10 AM	Al-Anon Speaker: Michele G., Charleston, WV
10 - 5:45 PM	Workshops
11:30 AM	Delegate's Report
11:30 - 1:30 PM	Lunch Buffet
3 PM	Old Timers Panel
6:15 PM	Banquet Seating Opens
7:30 PM	Doors Open for Non-Banquet Seating
7:45 PM	MGS Introductions & Gratitude
8:00 PM	Sobriety Countdown
8:30 PM	AA Speaker (Steps 8 & 9): Jim W., Charleston, WV
10:00 PM	DJ Dance   Ice Cream Social   Joyful Noise Song Circle   Game Room
11:59 PM	Good Night!

SUNDAY	
7:00 AM	Rise & Shine! Coffee   Hospitality   Alcathons (until 9AM)
8:30 AM	Workshops
10:00 AM	AA Speaker (Steps 10 - 12): Robert H., Lexington, SC
11:15 AM	Committee Farewells
11:59 AM	Convention Ends

**Coffee & Beverage Service (\$10 per person for entire weekend): Daily 7:00-10:00 AM, 2:30-5:30 PM & 8:00-11:00 PM. Also included with meal purchases.**



# MAIL-IN REGISTRATION FORM

Please send form to: **MGS State Convention, PO Box 9389, 1001 Frederick Road, Catonsville, MD 21228**

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

- Please contact me regarding service opportunities at the convention.
- I need accessibility adaptations at the convention (please list): \_\_\_\_\_

## REGISTRATION OPTIONS

	Unit cost	X	# People	=	\$	Subtotal
AA Registrant (before May 19)	\$38/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
AI-Anon Registrant (before May 19)	\$38/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
AA Registrant (after May 19)	\$45/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
AI-Anon Registrant (after May 19)	\$45/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
Weekend Coffee & Tea	\$10/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
<b>Friday Lunch Buffet</b>	\$42/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
<b>Friday Night Plated Dinner</b>	Choose one per person					
Chicken Piccata	\$50/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
Tilapia Francaise	\$50/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
Fried Eggplant	\$50/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
<b>Friday Ice Cream Social</b>	\$7/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
<b>Saturday Lunch Buffet</b>	\$42/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
<b>Saturday Night Banquet Dinner</b>	Choose one per person					
Beef Short Ribs	\$60/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
Chicken Cordon Bleu	\$55/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
Spaghetti Squash Vegan	\$50/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>
<b>Saturday Ice Cream Social</b>	\$7/person	X	<input type="checkbox"/>	=	\$	<input type="text"/>

Coffee and beverage service  
\$10 per person all weekend:  
Daily from 7:00 to 10:00AM,  
2:30 to 5:30PM and 8:00PM  
to 12:00PM. Also included  
with meal purchases.

SCAN BELOW  
Register online!



\$40 before May 18

\$47 between May 19 and June 12

I would like to buy a registration for someone else \$38/\$45/person X  = \$

Make check payable to: "MGS State Convention" **Total Amount Due: \$**

Coffee and ice cream stickers can be purchased during the Convention. The last day to purchase lunches or dinners is Wednesday, June 10, 2026.



## 52.ª Convención Estatal de Maryland

19-21 de junio de 2026

Organizado por Maryland General Service, Inc.  
con la participación de Al-Anon y Alateen

**Hotel Sheraton Baltimore North**  
903 Dulaney Valley Road Towson, Maryland 21204

### Tarifa de habitación MGS:

\$129 por noche más  
impuestos Cama King o dos  
camas dobles

Más dobles disponibles a  
medida que se liberan las  
reservas

### ¡Reserva habitaciones con tarifa grupal MGS!



Puede cancelar su  
reserva sin cargo 2 días  
antes de la llegada, 16 de  
junio de 2026

<https://bit.ly/MDStateConvention>

Validación de estacionamiento gratuito para todos los inscritos en la  
Convención 2 días antes de la llegada, 16 de junio de 2026

### Horario completo disponible en nuestra aplicación móvil

VIERNES	
7 AM	Inscripciones abiertas   Apertura de la sala de hospitalidad   Exhibiciones de comités   Café   Reuniones del Alcathon (7:00 a. m. a medianoche)
8:30 AM	Orador de AA (Pasos 1 a 3): Gina T., Pennel, PA
10 AM - 5 PM	Talleres de AA, Al-Anon y en español
10 AM & 2:30 PM	Talleres de Joe y Charlie, pasos 1 a 3 y pasos 4 a 9
11:30 AM	Informe del delegado
12:30 - 2:30 PM	Almuerzo buffet
4 PM	AA Speaker (Steps 4 & 5): Lance B, Parkville, MD
5:45 - 7:45 PM	Cena en plato
7:30 PM	AA Play "La Zona de la Cafetera"
8:45 PM	Orador de AA (Pasos 6 y 7): Linda KK., Piscataway, NJ
10:15 PM	Taller de Historia Social de Helados o AA
11:59 PM	Cierra Alcathon End y Hospitality Suite

SÁBADO	
7 AM	Registro   Sala de recepción   Exhibiciones de comités   Café   Reuniones del Alcathon (7:00 a. m. a medianoche)
8:30 AM	Taller de Joe y Charlie, pasos 10-12
10 AM	Oradora de Al-Anon: Michele G., Charleston, Virginia Occidental
10 - 5:45 PM	Talleres
11:30 AM	Informe del delegado
11:30 - 1:30 PM	Almuerzo buffet
3 PM	Panel de veteranos
6:15 PM	Se abren los asientos del banquete
7:30 PM	Puertas abiertas para asientos que no sean de banquete
7:45 PM	Presentaciones y agradecimientos de MGS
8:00 PM	Cuenta regresiva para la sobriedad
8:30 PM	Orador de AA (Pasos 8 y 9): Jim W., Charleston, WV
10:00 PM	DJ Dance   Fiesta de helados   Círculo musical con ruido alegre   Sala de juegos
11:59 PM	¡Buenas noches!

DOMINGO	
7:00 AM	¡Arriba y brilla! Café   Hospitalidad   Alcathon (hasta las 9 a. m.)
8:30 AM	Talleres
10:00 AM	Orador de AA (Pasos 10-12): Robert H., Lexington, SC
11:15 AM	Despedidas del Comité
11:59 AM	La convención termina

**Servicio de café y bebidas (\$10 por persona durante todo el fin de semana): Todos los días de 7:00 a 10:00, de 14:30 a 17:30 y de 20:00 a 23:00. También incluido en la compra de comidas.**



# FORMULARIO DE INSCRIPCIÓN POR CORREO

Envíe el formulario a: **MGS State Convention, PO Box 9389, 1001 Frederick Road, Catonsville, MD 21228**

Nombre de pila: \_\_\_\_\_ Apellido: \_\_\_\_\_

DIRECCIÓN: \_\_\_\_\_ Correo electrónico: \_\_\_\_\_

Ciudad: \_\_\_\_\_ Estado: \_\_\_\_\_ Cremallera: \_\_\_\_\_ Teléfono: \_\_\_\_\_

Por favor, póngase en contacto conmigo con respecto a las oportunidades de servicio en la convención.

Necesito adaptaciones de accesibilidad en la convención (por favor, enumere): \_\_\_\_\_

## OPCIONES DE REGISTRO

**Servicio de café y bebidas (\$10 por persona durante todo el fin de semana): Todos los días de 7:00 a 10:00, de 14:30 a 17:30 y de 20:00 a 23:00. También incluido en la compra de comidas.**

	Costo unitario	X	# Gente	= \$	Total parcial
Registrante AA (antes del 19 de mayo)	\$38/persona	X	<input type="checkbox"/>	= \$	<input type="checkbox"/>
Registrado en Al-Anon (antes del 19 de mayo)	\$38/persona	X	<input type="checkbox"/>	= \$	<input type="checkbox"/>
Registrante AA (después del 19 de mayo)	\$45/persona	X	<input type="checkbox"/>	= \$	<input type="checkbox"/>
Registrado en Al-Anon (después del 19 de mayo)	\$45/persona	X	<input type="checkbox"/>	= \$	<input type="checkbox"/>
Café y té de fin de semana	\$10/persona	X	<input type="checkbox"/>	= \$	<input type="checkbox"/>

**Almuerzo buffet del viernes** \$42/persona X  = \$

**Cena del viernes por la noche** Elija uno por persona

Pollo piccata \$50/persona X  = \$

Tilapia francesa \$50/persona X  = \$

berenjena frita \$50/persona X  = \$

**Viernes social de helados** \$7/persona X  = \$

**Almuerzo buffet del sábado** \$42/person X  = \$

**Cena de banquete del sábado por la noche** Elija uno por persona

Costillas de res \$60/persona X  = \$

Pollo Cordon Bleu \$55/persona X  = \$

Espagueti de calabaza vegano \$50/persona X  = \$

**Sábado social de helados** \$7/persona X  = \$

Me gustaría comprar un Registro para otra persona \$38/\$45/persona  = \$

Haga el cheque a nombre de: "MGS State Convention" **Monto total adeudado:** \$

Las pegatinas de café y helado se pueden comprar durante la Convención. El último día para comprar almuerzos o cenas es el miércoles 10 de junio de 2026.

Escanee para registrarse en línea



\$40 antes del 18 de mayo

\$47 entre el 19 de mayo y el 12 de junio



# 5<sup>th</sup> Annual Spirituality Day in the Park

Hosted by District 13

Saturday June 27<sup>th</sup>, 2026

At Wheaton Regional Park

Pavillion A

2000 Shorefield Rd Silver Spring MD 20902

Time: 9:30 am till 4 pm

## Day's Events

- 10 am Alanon Speaker
- 11 am Hike or Art Project
- 12:30 pm Lunch provided for Hamburgers, Veggie Burgers, and much more \*
- 1:30 pm AA Speaker
- 2:30 pm Tai Chi
- 3:30 pm Celebration of Spiritual Awakenings

\*If you want to contribute food, Desserts or Snacks would be welcomed  
If you have special Dietary needs, please bring your own bag lunch  
Water and Fruit infused water will be available all day  
Picnic benches are under pavilion, bring a lawn chair for your comfort



**AFG MD & DC SPRING CONVENTION**

**2026 WRAP UP  
KICK OFF 2025  
MEETING**

**Thursday, July 9, 2026  
6:45-8:45 pm on Zoom**

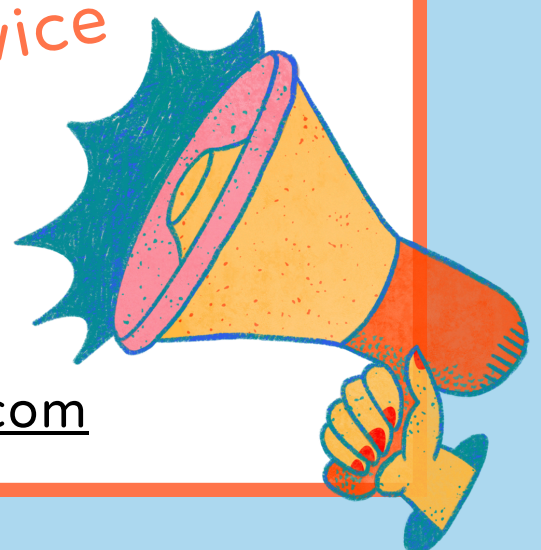
Meeting ID: 858 8617 5453

Passcode: 771895

*An opportunity for service*

**EMAIL FOR INFO:**

[springconventionchair@gmail.com](mailto:springconventionchair@gmail.com)



# SAVE THE DATE

|  
2026 AFG Fall Convention

\* \* \* \* \*

November 6-8 2026

Sheraton Baltimore North-same as last 2  
years. Registration begins in June

Spread the word!

Questions?: [afg24fallconv@gmail.com](mailto:afg24fallconv@gmail.com)